

**Dormition of The Mother of God  
Ukrainian Catholic Church**

1091 Coronation Avenue, Kelowna, BC V1Y 7A8 Tel.: 250-860-7295

Parish web-site: <http://kelowna.nweparchy.ca/> Pastor: Rev. Fr. Pavlo Myts / о. Павло Миць

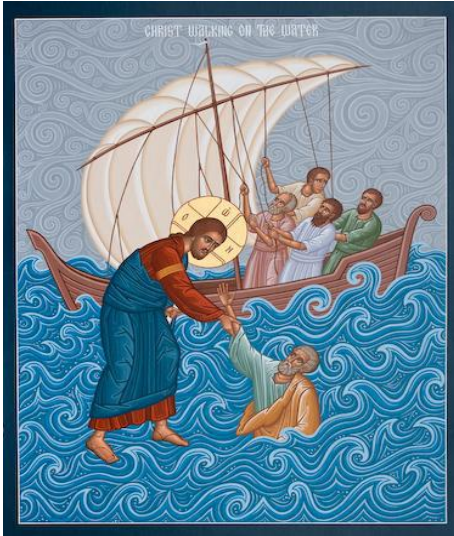
Facebook page: *DormitionKelowna Parish*: <https://www.facebook.com/dormitionkelowna.parish.5>

Ukrainian Catholic Eparchy of New Westminster: [www.nweparchy.ca](http://www.nweparchy.ca)



**Українська Католицька Церква  
Успення Пресвятої Богородиці**

Email: [dormitionkelowna@gmail.com](mailto:dormitionkelowna@gmail.com)



**9<sup>th</sup> SUNDAY after PENTECOST**

**9<sup>та</sup> НЕДІЛЯ після ЗІСЛАННЯ СВЯТОГО ДУХА**

**July 25<sup>th</sup>, 2021 A.D.**

**“You ask us not to be afraid. Yet our faith is weak, and we are fearful.  
But You, Lord, will not leave us at the mercy of the storm!”**

– teaches, guides and reminds us all His Holiness Pope Francis 1<sup>st</sup> today

**Christian Greetings: Glory to Jesus Christ! – Glory to Him Forever!  
Slava Isusu Chrystu! – Slava na Viky! Слава Ісусу Христу! – Слава на Віку!  
Christ is among us! – He is and will be!**

**THE VIBRANT PARISH - A PLACE TO ENCOUNTER THE LIVING CHRIST:  
Through the Word, the Holy Mysteries & Prayer, Serving One's Neighbour, Leadership,  
Fostering & Serving Unity and Missionary Spirit.**

– Pastoral Letter of His Beatitude Sviatoslav Shevchuk

**Prayer During the Coronavirus Outbreak:**

Lord, Our God,  
We thank you for the life that is your gift,  
For the providence that sustains us,  
And for your wisdom that directs the course of our days.  
The threat of an infection of coronavirus is upon us today.  
This disease causes fear among us and has claimed lives.  
We humbly beg you, loving Lord,  
Dispel our fear and deliver us from this and other diseases.  
Heal those who are afflicted and stop the spread of the virus.  
Strengthen us in charity to care for one another.  
For You are a God of mercy, kindness, and love, and we glorify  
You Father, Son, and Holy Spirit, now and for ever and ever.  
Amen.

**Молитва у Часі Спалаху Коронавірусу:**

Господи, Боже наш,  
Дякуємо Тобі за життя, яке є Твоїм даром,  
За провидіння, яке нас підтримує,  
І за Твою мудрість, яка спрямовує хід наших днів.  
Сьогодні перед нами загроза зараження коронавірусом.  
Ця хвороба викликає страх серед нас і забирає життя.  
Ми смиренно просимо Тебе, люблячого Господа,  
Розвій наш страх і позбав нас від цієї та усіх інших хвороб.  
Вилікуй тих, хто страждає, і зупини поширення вірусу.  
Зміцнюй нас у благодаті, щоб ми дбали одні про одних.  
Бо Ти - Бог милосердя, доброти та любові, і ми прославляємо  
Тебе Отця, Сина і Святого Духа, нині, і повсякчас і на віки вічні.  
Амінь.

**Please contact Fr. Pavlo if you want to have the Divine Liturgies celebrated in your special intentions, such as: In Thanksgiving for Favours Received, the Infirm, General Intentions, Repose of the Deceased, Help of the Holy Spirit, for the Travelers, Students, Workers, etc. In case of emergency phone (250) 299-7249. If you would like to come to Confession, meet with the parish priest individually at the church or parish office, receive spiritual care and support via telephone or internet, want him to visit you, your relative or friend at their home, hospital or care homes, please, call or email the pastor in advance to arrange time and a day.**

**Liturgical Propers in English language:**

**Tone 8**, text from book “*The Divine Liturgy of Saint John Chrysostom*”; pages 105-107

**Epistle: A reading from the First Letter of Saint Paul to the Corinthians: (1 Cor. 3:9-17)**

Brothers and Sisters, we are God's co-workers, while you are his cultivation, his building. Thanks to the favor God showed me I laid a foundation as a wise master-builder might do, and now someone else is building upon it. Everyone, however, must be careful how he builds. No one can lay a foundation other than the one that has been laid, namely Jesus Christ. If different ones build on this foundation with gold, silver, precious stones, wood, hay or straw, the work of each will be made clear. The Day will disclose it. That day will make its appearance with fire, and fire will test the quality of each man's work. If the building a man has raised on this foundation still stands, he will receive his recompense; if a man's building burns, he will suffer loss. He himself will be saved, but only as one fleeing through fire. Are you not aware that you are the temple of God, and that the Spirit of God dwells in you? If anyone destroys God's temple, God will destroy him. For the temple of God is holy, and you are that temple.

**Gospel: (Mt. 14:22-34)**

At that time while dismissing the crowds, Jesus insisted that his disciples get into the boat and precede him to the other side. When he had sent them away, he went up on the mountain by himself to pray, remaining there alone as evening drew on. Meanwhile the boat, already several hundred yards out from shore, was being tossed about in the waves raised by strong headwinds. At about three in the morning, he came walking toward them on the lake. When the disciples saw him walking on the water, they were terrified. “It is a ghost!” they said, and in their fear they began to cry out. Jesus hastened to reassure them: “Get hold of yourselves! It is I. Do not be afraid!” Peter spoke up and said, “Lord, if it is really you, tell me to come to you across the water.” “Come!” he said. So Peter got out of the boat and began to walk on the water, moving toward Jesus. But when he perceived how strong the wind was, becoming frightened, he began to sink and cried out, “Lord, save me!” Jesus at once stretched out his hand and caught him. “How little faith you have!” he exclaimed. “Why did you falter?” Once they had climbed into the boat, the wind died down. Those who were in the boat showed him reverence, declaring, “Beyond doubt you are the Son of God!” After making the crossing they reached the shore at Gennesaret.

**At the conclusion of every Divine Liturgy, we say an additional prayer for peace in Ukraine, and healing of the World let us pray:** Our Father ... Hail Mary ... Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

**Літургійні частини Українською мовою:**

Глас 8, текст з книги "*Божественна Літургія Святого Івана Золотоустого*"; стт. 104-106

**Апостол: До Коринтян послання Святого Апостола Павла читання: (Кор. 3, 9-17)**

*Браття і Сестри*, ми бо співробітники Божі, ви – Божа нива, Божа будівля. За благодаттю Божою, даною мені, я, мов мудрий будівничий, поклав основу, а інший на ній буде. Нехай же кожний вважає, як він буде. Іншої бо основи ніхто не може покласти, крім покладеної, якою є Ісус Христос. Коли ж хтось на цій основі буде з золота, срібла, самоцвітів, дерева, сіна, соломки, – кожного діло стане явне; день бо Господній зробить його явним; бо він відкривається в огні, і вогонь випробовує діло кожного, яке воно. І коли чийсь діло, що його він збудував, устоїться, той прийме нагороду; а коли чийсь діло згорить, то він зазнає шкоди; однак він сам спасеться, але наче крізь вогонь. Хіба не знаєте, що ви – храм Божий, і що Дух Божий у вас перебуває? Коли хтось зруйнує храм Божий, Бог зруйнує того, бо храм Божий святий, а ним є ви.




**Євангеліє: (Мт. 14, 22-34)**

У той час Ісус зараз же спонукав учнів увійти до човна й переплисти на той бік раніше від нього, тим часом як він відпускав народ. І коли відпустив народ, пішов на гору помолитися на самоті. Як звечоріло, він був там сам один. Човен уже був посеред моря і його кидали хвилі, бо вітер був супротивний. О четвертій сторожі ночі (Ісус) прийшов до них, ступаючи морем. Учні, побачивши, що він іде морем, жахнулись. "То привид!" – заговорили й закричали з переляку. Та Ісус тієї ж миті мовив до них: "Заспокойтесь, – це я, не страхайтесь!" Аж тут Петро озвався до нього й каже: "Господи, коли це ти, повели мені підійти водою до тебе!" "Підійди!" – сказав Ісус. І вийшов Петро з човна, почав іти по воді і підійшов до Ісуса; але, побачивши, що вітер сильний, злякався, почав потопати й крикнув: "Господи, рятуй мене!" Ісус же притягнув руку, вхопив його і мовив до нього: "Маловіре; чого засумнівався?" І як увійшли до човна, вітер ущух. А тоді ті, що були в човні, вклонилися йому до ніг, кажучи: "Ти істинно – Син Божий!" І перепливши, прибули в землю генезаретську.

**THANK YOU VERY MUCH!**

**ЩИРО ВАМ ДЯКУЄМО!**

 **Gratitudes to all our parishioners, guests, visitors and all Christian people of the good will** who by their kindness share time, talents and treasures, every person who knowingly or unknowingly for the other people thoughtfully make donations, care and help our parish community in various ways and projects inside and outside our parish by keeping and sharing their Christian love, respect and unity in Christ by looking after and graciously supporting our Christian, Catholic Church communities!

Holy Resurrection of Our Lord and Saviour Jesus Christ Parish in Penticton, BC:

Sunday (July 18<sup>th</sup>) Divine Liturgy donation was \$ 254.00

**DONATIONS!** Amid Covid-19 outbreak causing these difficult and challenging times we continue to rely on your generosity!

**Please continue to support our parish financially by e-transfer** (it is a direct deposit, no security question is needed) via [dormitiontransfer2020@gmail.com](mailto:dormitiontransfer2020@gmail.com) or mailing a cheque payable to **Dormition of the Mother of God Ukrainian Catholic Church** 1091 Coronation Ave., Kelowna, BC V1Y 7A8 Thank you for your support and care at this uneasy time for us all.

***"Remember, O Lord, those who bear fruit doing good works in Your holy churches and remembering the poor.***

***Send down Your mercy upon all of us!"*** (A Prayer from the Divine Liturgy of Saint John Chrysostom)

**CONGRATULATIONS!**

**ЩИРО ВАС ВІТАЄМО!**



**May The Almighty God bless** in good health and salvation in many, happy and blessed years of life to Mr. Ron Bidoka on his birthday (July 22<sup>nd</sup>), Mr. Lawrence and Mrs. Judy Syrnyk on their wedding anniversary (July 26<sup>th</sup>), Mr. Mykhailo and Mrs. Vlasta Fantych on their wedding anniversary (July 28<sup>th</sup>), Mr. Jacob Dressler on his birthday (July 28<sup>th</sup>), and to all our parishioners and family members and to all Christians celebrating their heavenly patron's name days, and any other special anniversaries this week *Mnohaya i Blahaya Lita / Many Blessed Years of Life!*


**NEWS and ANNOUNCEMENTS:**

**LIVE STREAMING of church services from Dormition of the Mother of God**

Ukrainian Catholic Church in Kelowna, B.C.: <https://www.facebook.com/dormitionkelowna.parish.5>

You can also view 24 / 7 many inspiring videos, articles, pictures, etc. are regularly published by the pastor. Please visit our parish

Facebook page: *DormitionKelowna Parish*: <https://www.facebook.com/dormitionkelowna.parish.5>

 Please also welcome to visit our Cathedral Facebook page for live-stream videos of the liturgical services at Holy Eucharist Cathedral: <https://www.facebook.com/holyeucharistcathedral/>

Your spiritual father-pastor is praying privately for all of you daily! Please pray for one another and especially for those who are ill, suffering be being affected by wildfires and other disasters, following Covid-19 Pandemic safety plan, participate via facebook streamings and other on-line church services, stay healthy and safe!

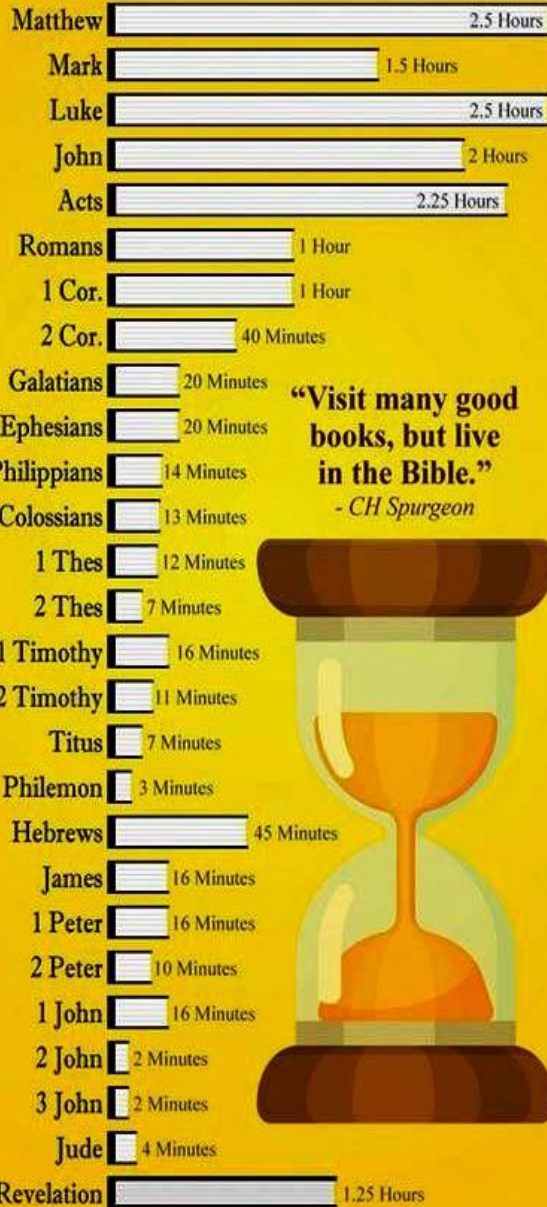
Let us be responsible to ensure that we all stay safe and healthy.

[https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/restrictions?utm\\_campaign=20201118\\_GCPE\\_AM\\_COVID\\_1\\_NOTIFICATION\\_BCGOV\\_BCGOV\\_EN\\_BC\\_NOTIFICATION#social-gatherings](https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/restrictions?utm_campaign=20201118_GCPE_AM_COVID_1_NOTIFICATION_BCGOV_BCGOV_EN_BC_NOTIFICATION#social-gatherings)

**support/restrictions?utm\_campaign=20201118\_GCPE\_AM\_COVID\_1\_NOTIFICATION\_BCGOV\_BCGOV\_EN\_BC\_NOTIFICATION#social-gatherings**

**THANK YOU FOR JOINING US BY PRAYING TO THE ALMIGHTY GOD AT THE CHURCH AND ON-LINE!** Wishing you and all your dear ones to be guided by the Holy Spirit, blessed with joy, peace, good health, unity, and Christian love today and always!

# HOW LONG IT TAKES TO READ EACH BOOK IN THE NEW TESTAMENT



**“Visit many good books, but live in the Bible.”**  
- CH Spurgeon

## Daily Liturgical and Sacramental Services celebrated during this week:

Sunday, July 25<sup>th</sup> at **8:15 a.m.** Rosary: (church services in Kelowna, BC)  
at **9:00 a.m.** The Divine Liturgy: *God's blessings for all our parishioners, family members, all relatives and friends* (in Eng. and Ukr.)

**Blessings of cars and other vehicles will be held following the Divine Liturgy today.**

Monday, July 26<sup>th</sup> at **10:00 a.m.** The Divine Liturgy: Repose of the soul of Mrs. Anne Wyshynsky (*requested by Mrs. Shirley Mathias*)

Tuesday, July 27<sup>th</sup> at **10:00 a.m.** The Divine Liturgy: Repose of the soul of Mr. Mahadeo Daulat (*requested by Mrs. Marilyn Daulat*)

Wedn., July 28<sup>th</sup> at **10:00 a.m.** The Divine Liturgy: God's blessing for Mrs. Lucy Duperrault (*requested by Mrs. Rose Fylyshtan*)

Thursday, July 29<sup>th</sup> **NO SERVICES.** Please respect your pastor's day-off today.

Friday, July 30<sup>th</sup> at **10:00 a.m.** The Divine Liturgy: Repose of the soul of Mr. Volodymyr Prybysh (*requested by The Family*)

Saturday, July 31<sup>st</sup> at **4:00 p.m.** The Divine Liturgy: *God's blessings for all our parishioners, relatives and friends.* (church services in Penticton, BC)

Sunday, August 1<sup>st</sup> at **8:15 a.m.** Rosary: (church services in Kelowna, BC)

at **9:00 a.m.** The Divine Liturgy: *God's blessings for all our parishioners, family members, all relatives and friends* (in Eng. and Ukr.)

**PLEASE REMEMBER TO PRAY FOR:** Most Reverend Bishop-Emeritus Severian Yakymyshyn, Lucy D., Janet F., Volodymyr P., Ivan L., Ray Saranchuk, Cameron V., Rose Ostopowich, Keyton A., Keyton A., Dylan A., Torin S., Sabre S. Ryder M., Kit C., Shirley C., Olga Kuzyk, George Dashkewytsch, Olga Romanyshyn, Kay Ilnitski, Kalyna Kociuba, William Shuya, Maria Pylypchuk, Bronie Huska, Peter Huska, Roma Nowakowski, Barbara and Vincent Pasternak, Lorraine Turcotte, Dr. Nadia Popil, the Hillman Family, John Bulych, Joseph Stetch, Rosa Maria Santos, Anita N., Ron and Verna Shoemaker, Jonas and Anne, Alyssa and Adam, Mark and Asia, Karen Feniuk, Volodymyr Melnyk, Marilyn Daulat and Family, Shelley Zemliak, Ron Horon, Adeline Sorochuk and all members of our parochial family and those who are not able to join actively in our community, your families, relatives, friends and neighbours; governments and armed forces, especially the shut-in or those in the hospitals, traveling, working or studying, nursing and senior homes, seeking God's answer to their prayers or those rejoicing with God's answer; your spiritual fathers, those celebrating birthdays and anniversaries; those called to their eternal reward and for the family they leave behind; widows and widowers, orphans, homeless, those who love us and those who hate, use & hurt us; and all people who have asked us pray for them. Please, also in your kindness keep praying those daily for vocations to the priesthood and religious life. Remember to ask for special blessings to all Christian families and yourselves! **REMINDER** for families of individuals, who are admitted to hospital - If you or a family member is admitted to hospital and you wish to have a priest visit, please be sure to have someone call our parish rectory office to make this request. Your pastor may have no other way of knowing that you are in hospital, as privacy legislation.

**SPIRIT OF CHRISTIAN AWARENESS:** *Dear parishioners, if our brother or sister in Christ, who usually sits next to you, is not in the Church today, please phone him / her and ask how he / she is doing. Let him or her know that our parish community misses his or her at the church very much and prays for them daily! We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.*

**Basic Guidelines for Reception of Holy Communion:** You are a member of the Catholic Church (faithful of the Orthodox churches are very welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace. *If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.*

**Pastoral and Sacramental Ministry: Baptisms:** by appointment.


**Marriages:** six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.


**Reconciliation:** by appointment. **Holy Communion:** for the sick, by appointment, any time. **Holy Unction** (Anointing of the Sick):


Those anticipating surgery, hospitalization or treatments and who would like to receive anointing (by appointment, any time).

**Funerals and Memorials:** by appointment.


 **Dormition of the Mother of God Ukrainian Catholic Church Praznyk/Feast Day/Birthday will be celebrated** at our parish in Kelowna, BC on Sunday, August 15<sup>th</sup>, 2021 A.D. The Hierarchical Divine Liturgy will be celebrated by His Excellency Most Reverend Bishop David Motiuk **at 10:00 a.m.** We are looking forward to pray, welcome and share the blessings and joy of this wonderful parish celebration with all of you!


 **Devotional Services to Blessed Martyr Vasyl Velychkovsky:** Every Wednesday at 7:00 pm (CDT), Live-Streaming on the YouTube Shrine Channel: <https://www.youtube.com/watch?v=1Og0D2DhlpU> Website: Bishop Velychkovsky National Martyr's Shrine: <https://bvmartyrshrine.com/>


 **VIBRANT PARISH PRAYER:** O Lord Jesus Christ, our Good Shepherd, as you once gathered lost sheep that they might hear Your voice and be your flock, so also today graciously look down from heaven upon our parish community, and send down on it your Holy Spirit, that it might be a place to receive the joy of Your Good News. Strengthen us with your presence, and always gather us together in prayer. Grant us the spirit of serving others, so that in our parish all might encounter You, the merciful God. Bless our spiritual leaders with Your wisdom, and inspire us to generously give of our time, talents and treasure for the building up of Your Kingdom. Unite us in peace and harmony, as befits Your community of love. Instill in us a missionary spirit, and let our parish community shine with the light of the Gospel, with prayer and good works, inviting all to share in the divine life, so that Your Name, O Saviour, may be praised, together with Your eternal Father, and Your most-holy, good and life-giving Spirit. Amen.


 **МОЛИТВА ЖИВОЇ ПАРАФІЇ:** Господи Ісусе Христе, Пастирю Добрий, як колись Ти пригорнув заблуканих овечок, щоб вони пізнали Твій голос і були Твоїм стадом, так і сьогодні глянь ласкаво з небесних висот на нашу парафію та зішли на неї Твого Святого Духа, щоб вона була місцем пізнання радості Доброї Новини. Скріплюй нас Твоею присутністю та єднай нас кожночасно в молитві. Даруй нам духа служіння ближньому, щоб у нашій парафії кожний міг зустріти Тебе, милостивого Бога. Благослови наш духовний провід Твоею мудрістю і дай, щоб ніхто з нас не шкодував ні часу, ні талантів, ні матеріальних дібр для розбудови Твого царства. Єднай нас у мирі та злагоді, щоб ми були Твоею спільнотою любові. Всели в нас місійного духа, щоб ми стали тим світилом евангельського слова, молитви і добрих діл, що кличе кожного до участі в Божественному житті, щоб славилось, Спасе, Твоє Ім'я з безначальним Твоїм Отцем та пресвятим, благим і животворящим Твоїм Духом нині, і повсякчас, і на віки віків. Амінь.


**Please be aware and remember that your help is always appreciated, and we still need more parishioners to volunteer! Thank you for your support and care at this uneasy Covid-19 Pandemic time for us all. "Remember, O Lord, those who bear fruit doing good works in Your holy churches and remembering the poor. Send down Your mercy upon all of us!"**  
(A Prayer from the Divine Liturgy of Saint John Chrysostom)


 **BE A STEWARD:** Have you ever wondered what more can you do to help our parish-church? Here are some suggestions: Steward of property security; Steward of grounds cleaning; Steward of cleaning church; Steward of church linen; Steward of outreach; Steward of caring; Steward of prayer; Steward of service. Quite often, our homebound or senior members, once active in their younger years, want to find purpose in their senior years. It's not only about doing but about "BEING" present to others! Please, feel very welcome to participate in our church choir singing, reading of the Epistles and others inspiring Bible texts, holding the candles during the Gospels readings, processions, welcoming, parish cleaning, projects, etc. **VOLUNTEERS HELP IS ALWAYS APPRECIATED:** to help out with weekly cleaning in the church, cutting the grass and maintaining the lawn, etc. If you can help out, please, let us know. Please, contact Mrs. Yvonne Crawford or Fr. Pavlo for more information. You will be amazed how "BEING" can make a difference at our spiritual, parish life! **Every parishioner is personally responsible before God for our spiritual home-parish church!** **NOTE: If you wish to place your message or announcement into our weekly parish bulletin, please sent it by email to the office at [dormitionkelowna@gmail.com](mailto:dormitionkelowna@gmail.com) by no later than 3:00 p.m. on Thursday.**

 **YOUR PERSONAL RESPONSIBILITY AND RESPECT OF OTHERS:** After each Divine Liturgy and every church service, please, keep silence in the House of the Lord as some of the faithful are still praying at the church as well. In consideration of other Christians, please do not leave any items in the pews. Let each of us do our part to be true stewards of our parish church by helping to keep the church building safe and clean. Thank you very much for your understanding, help and care!

 **If you wish to help or have any questions, suggestions, ideas about our parish community life, please, contact our parish executive council chairperson Mrs. Yvonne Crawford. Email: [Donoharmclinic@gmail.com](mailto:Donoharmclinic@gmail.com) or phone: 250-212-4899**

 **Traditional and Very Delicious Ukrainian Food is available for sale at our parish:** Kovbasa / Garlic Sausage - \$ 10.00 per 1-pound ring, Pie - \$ 9.00. If you need more information or to place your order, please contact Mrs. Alice Pelechaty at 250-763-4870 or Olena Fedorov at 778-821-0759.

 **FAITHFUL GIVING ...** Please, remember that we never take a day off or a vacation from God, or from our obligation to attend Divine Liturgy on Sundays and Holy Days. When traveling, working, participating in different sport's tournaments, activities or studying, please, make sure you check out the service schedule for the area churches at our eparchial website: [www.nweparchy.ca](http://www.nweparchy.ca) and attend the Divine Liturgy. Remember as well, that while parishioners may be away and on vacation, the parish-church is not. Expenses continue as they do throughout the year. Please, remain consistent in your gifts to parish. Your weekly Sunday offering is important to our financial well-being. If you are away, we appreciate it when you forward your "make-up" donations. The financial stability of the parish counts on regular Sunday contributions. **Please, continue to be supportive, positive and generous!**

 **Bequests and Wills:** Leaving a bequest is a process of giving a donation through your will. It is simply a distribution from your estate to a charitable organization through your last will and testament. It can be as small or as large a donation as you wish. It is important that you talk to your lawyer about the process. In your kindness, please remember Resurrection of Jesus Christ Ukrainian Catholic Parish in Penticton, BC and Dormition of the Mother of God Ukrainian Catholic Church in Kelowna, BC in your bequests and wills. If anyone wishes to make such a bequest in their will, the following clause may be included or added to a will: "I give, devise, and bequeath to Dormition of the Mother of God Ukrainian Catholic Church at 1091 Coronation Avenue, Kelowna, BC V1Y 7A8 or to Resurrection of Jesus Christ Ukrainian Catholic Parish in Penticton, BC, the sum of \$\_\_\_\_ (or \_\_\_\_% of my estate), to be used for the benefit of the church/parish and it's needs and pastoral ministry."

## Pope Francis teaches about dark times

[09.07.17 Angelus, St Peter's Square](#) 14<sup>th</sup> Sunday Year A [Matthew 11: 25-30](#)



Dear Brothers and Sisters, Good morning!

In today's Gospel, Jesus says: "Come to me, all who labour and are heavy laden, and I will give you rest" (Mt 11:28). The Lord does not reserve this phrase for certain friends of his, no; he addresses it to "all" those who are [weary](#) and [overwhelmed](#) by life. And who could feel excluded from this invitation? The Lord knows how arduous life can be. He knows that many things weary the heart: [disappointments](#) and [wounds](#) of the past, burdens to carry and [wrongs](#) to bear in the present, uncertainties and [worries](#) about the future.

In the face of all this, Jesus' first word is an invitation, a call to move and respond: "Come". The mistake, when things go wrong, is to stay where we are, lying there. It seems obvious, but how difficult it is to respond and open ourselves! It is not easy. In [dark times](#) it feels natural to keep to ourselves, to ruminate over

how unfair life is, over how ungrateful others are, how mean the world is, and so on. We all know it. We have had this awful experience a few times. But in this way, locked up inside ourselves, we see everything as grim. Then we even grow accustomed to [sadness](#), which becomes like home: that sadness overcomes us; this sadness is a terrible thing. Jesus, however, wants to pull us out of this "quicksand" and thus says to each one: "Come! — Who? — You, you, you". The way out is in connecting, in extending a hand and lifting our gaze to those who truly love us.

In fact it is not enough to come out of ourselves; it is important to know where to go. Because many aims are illusory: they promise comfort and distract just a little; they guarantee peace and offer amusement, then leave us with the loneliness there was before; they are "fireworks". Therefore Jesus indicates where to go: "Come to me". And many times, in the face of a [burden](#) of life or a situation that saddens us, we try to talk about it with someone who listens to us, with a friend, with an expert.... This is a great thing to do, but let us not forget Jesus. Let us not forget to open ourselves to him and to recount our life to him, to entrust people and situations to him. Perhaps there are "areas" of our life that we have never opened up to him and which have remained dark, because they have never seen the Lord's light. Each of us has our own story. And if someone has this dark area, seek out Jesus; go to a missionary of mercy; go to a priest; go.... But go to Jesus, and tell Jesus about this. Today he says to each one: "Take courage; do not give in to life's burdens; do not close yourself off in the face of fears and sins. Come to me!".

He awaits us; he always awaits us. Not to magically resolve [problems](#), but to strengthen us amid our problems. Jesus does not lift the burdens from our life, but the anguish from our heart; he does not take away our cross, but carries it with us. And with him every burden becomes light (cf. v. 30), because he is the comfort we seek.

When Jesus enters life, peace arrives, the kind that remains even in [trials](#), in [suffering](#). Let us go to Jesus; let us give him our time; let us encounter him each day in prayer, in a trusting and personal dialogue; let us become familiar with his Word; let us fearlessly rediscover his forgiveness; let us eat of his Bread of Life: we will feel loved; we will feel comforted by him.

It is he himself who asks it of us, almost insists on it. He repeats it again at the end of today's Gospel: "learn from me, and you will find rest for your life" (cf. v. 29). And thus, let us learn to go to Jesus and, in the summer months, as we seek a little rest from what wearies the body, let us not forget to find true comfort in the Lord. May the Virgin Mary our Mother, who always takes care of us when we are weary and overwhelmed, help us and accompany us to Jesus.

Pope Francis [09.08.20 Angelus, St Peter's Square](#) 19<sup>th</sup> Sunday in Ordinary Time Year A [Matthew 14: 22-33](#)

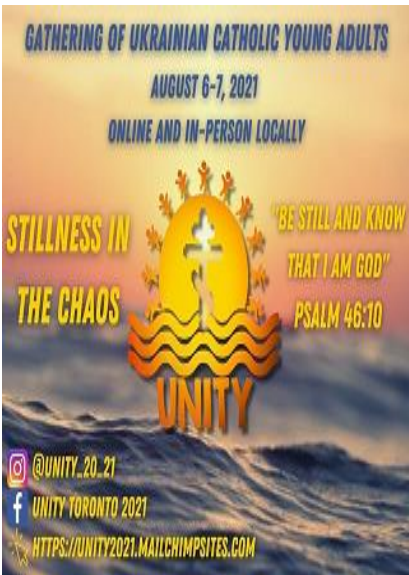
Dear Brothers and Sisters, good day!

This Sunday's Gospel passage (see Mt 14:22-33) speaks of Jesus walking on the water of the stormy lake. After feeding the crowds with five loaves and two fish – as we saw last Sunday – Jesus commands the disciples to get into the boat and return to the other shore. He dismisses the people and then climbs the hill, alone, to pray. He immerses Himself in communion with the Father.

During the crossing of the lake by night, the disciples' boat is hindered by a sudden wind storm. This is normal on a lake. At a certain point, they see someone walking on the water, coming toward them. Upset, they think it is a ghost and cry out in fear. Jesus reassures them: "Take heart, it is I; have no fear". Then Peter – Peter who was so decisive – answers: "Lord, if it is you, bid me come to you on the water". A challenge. And Jesus tells him: "Come". Peter gets out of the boat and takes a few steps; then the wind and waves frighten him and he begins to sink. "Lord, save me", he cries, and Jesus grasps him by the hand and says to him: "O man of little faith, why did you doubt?".

This Gospel narrative is an invitation to abandon ourselves trustingly to God in every moment of our life, especially in the moment of [trial](#) and turmoil. When we have strong feelings of doubt and [fear](#) and we seem to be sinking, in [life's difficult moments](#) where everything becomes dark, we must not be ashamed to cry out like Peter: "Lord, save me" (v. 30). To knock on God's heart, on Jesus's heart. "Lord, save me." It is a beautiful prayer! We can repeat it many times. "Lord, save me." And Jesus's gesture, who immediately reaches out His hand and grasps that of His friend, should be contemplated at length: this is Jesus. Jesus does this. Jesus is the Father's hand who never abandons us, the strong and faithful hand of the Father, who always and only wants what is good for us. God is not in the loud sound, God is not the hurricane, He is not in the fire, He is not in the earthquake – as the narrative about the Prophet Elijah also recalls today that says God is the light breeze – literally it says this: He is in the "thread of melodious silence" – that never imposes itself, but asks to be heard (see 1 Kgs 19:11-13). Having [faith](#) means keeping your heart turned to God, to His love, to His Fatherly tenderness, amid the storm. Jesus wanted to teach this to Peter and the disciples, and also to us today. In [dark](#)

moments, in sad moments He is well aware that our faith is weak –all of us are people of little faith, all of us, myself included, everyone – and that our faith is weak our journey can be troubled, hindered by adverse forces. But He is the Risen One! Let's not forget this: He is the Lord who passed through death in order to lead us to safety. Even before we begin to seek Him, He is present beside us lifting us back up after our falls, He helps us grow in faith. Maybe in the dark, we cry out: "Lord, Lord!" thinking He is far away. And He says, "I am here." Ah, He was with me! That is the Lord.



The boat at the mercy of the storm is the image of the Church, which in every age encounters headwinds, very harsh trials at times: we recall certain long and ferocious persecutions of the last century and even today in certain places. In situations like that, she may be tempted to think that God has abandoned her. But in reality it is precisely in those moments that the witness of faith, the witness of love, the witness of hope shines the most. It is the presence of the Risen Christ in His Church that gives the grace of witness unto martyrdom, from which buds new Christians and fruit of reconciliation and peace for the entire world.

May the intercession of Mary help us to persevere in faith and fraternal love when the darkness and storms of life place our trust in God in crisis.

Internet source: <http://www.popefrancishomilies.com/dark-times>

## Young Adults Gathering – Unity 2021 Stillness In The Chaos August 6 – Saturday August 7, 2021

<https://eeparchy.com/2021/06/30/young-adults-gathering-unity-2021/>

This past year has been incredibly difficult for so many, and this topic is more important than ever.

We will have sessions on:

Mental health, Having a relationship with God, What it means to be Ukrainian Catholic, the Divine Liturgy, Theology of the body and dating, Wellness of Body, Mind and Spirit, Evangelism and the leadership of Jesus Christ, and Catholicism and non-traditional families.

Unity 2021 will be offered **ONLINE**, and all sessions will be held over Zoom. There is **NO COST** to attend this event.

[Register Now](#)

Unity is a national gathering of Ukrainian Catholic young adults (18 to 35 years old) to further understand, embrace

and celebrate the Ukrainian Catholic faith through prayer, education, and fellowship. Unity promotes and strengthens Christian religious life and social outreach traditionally through faith-based activities and workshops. Unity has been held across Canada since 1996, with hundreds of young adults from across the country being enriched by the experience. This meaningful weekend offers spiritual guidance, community service, and opportunities to deepen one's faith through catechetical enrichment.

This year Unity will be held online on Friday, August 6, 2021 from 7:00 pm to 10:00 pm (EST) and Saturday, August 7, 2021 from 11:00 am to 7:00 pm (EST). Should Covid-19 restrictions be lifted in person events may be held in each eparchy. Unity will feature Key Note speakers, breakout sessions, a Bishops' panel and fellowship.

Unity is being hosted by the Eparchy of Toronto and Eastern Canada and planned by a committee made up of members involved in Youth and Young Adult Ministry from across Canada.

Registration opens on Sunday, June 6, 2021 and closes Monday, August 2, 2021.

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