

# Dormition of The Mother of God Ukrainian Catholic Church

1091 Coronation Avenue, Kelowna, BC V1Y 7A8 Tel.: 250-860-7295

Parish web-site: <http://kelowna.nweparchy.ca/> Pastor: Rev. Fr. Pavlo Myts / о. Павло Миць

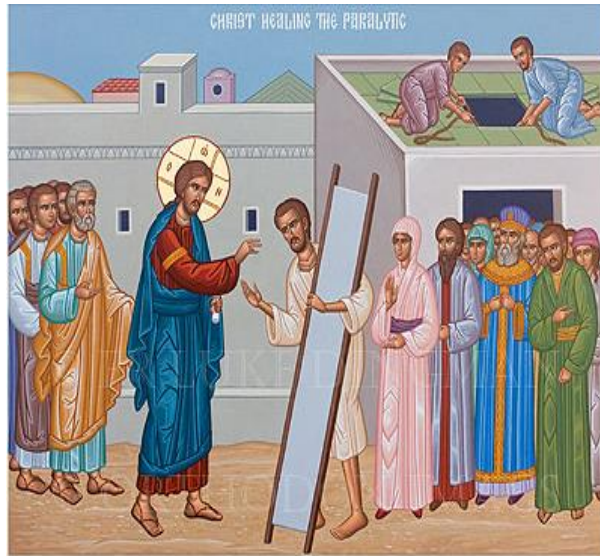
Facebook page: *DormitionKelowna Parish*: <https://www.facebook.com/dormitionkelowna.parish.5>

Ukrainian Catholic Eparchy of New Westminster: [www.nweparchy.ca](http://www.nweparchy.ca)



# Українська Католицька Церква Успення Пресвятої Богородиці

Email: [dormitionkelowna@gmail.com](mailto:dormitionkelowna@gmail.com)



## 2<sup>nd</sup> SUNDAY OF THE GREAT FAST - LENT Saint Gregory of Palamas/ святого отця Григорія Палами 2<sup>ra</sup> Неділя Великого Посту February 28<sup>th</sup>. 2021 A.D.

*“Many human activities, good in themselves, are not good because of the motive for which they are done. For example, fasting, vigils, prayers, psalmology, acts of charity and hospitality are by nature good. But when performed for the sake of self - esteem (vainglory, self - glorification) they are not good. In everything we do, God searches out our purpose to see whether we do it for Him or for some other motive... quite clearly, He bestows blessings only when something is done for the right purpose. For God’s judgment looks not at the actions, but at the purpose behind them.”*

– teaches Saint Maximus the Confessor

### THE VIBRANT PARISH - A PLACE TO ENCOUNTER THE LIVING CHRIST:

**Through the Word, the Holy Mysteries & Prayer, Serving One’s Neighbour, Leadership, Fostering & Serving Unity and Missionary Spirit.** – Pastoral Letter of His Beatitude Sviatoslav Shevchuk

### Christian Greetings:

**Glory to Jesus Christ! – Glory to Him Forever! Слава Ісусу Христу! – Слава на Віку!**

**Slava Isusu Chrystu! – Slava na Viky! Christ Is among us! - He Is and Will Be!**

### Prayer During the Coronavirus Outbreak:

Lord, Our God,  
We thank you for the life that is your gift,  
For the providence that sustains us,  
And for your wisdom that directs the course of our days.  
The threat of an infection of coronavirus is upon us today.  
This disease causes fear among us and has claimed lives.  
We humbly beg you, loving Lord,  
Dispel our fear and deliver us from this and other diseases.  
Heal those who are afflicted and stop the spread of the virus.  
Strengthen us in charity to care for one another.  
For You are a God of mercy, kindness, and love, and we glorify You Father, Son, and Holy Spirit, now and for ever and ever. Amen.

### Молитва у Часі Спалаху Коронавірусу:

Господи, Боже наш,  
Дякуємо Тобі за життя, яке є Твоім даром,  
За провидіння, яке нас підтримує,  
І за Твою мудрість, яка спрямовує хід наших днів.  
Сьогодні перед нами загроза зараження коронавірусом.  
Ця хвороба викликає страх серед нас і забирає життя.  
Ми смирено просимо Тебе, люблячого Господа,  
Розвій наш страх і позбав нас від цієї та усіх інших хвороб.  
Вилікуй тих, хто страждає, і зупини поширення вірусу.  
Зміцнюй нас у благодаті, щоб ми дбали одні про одних.  
Бо Ти - Бог милосердя, доброти та любові, і ми прославляємо Тебе Отця, Сина і Святого Духа, нині, і повсякчас і на віки вічні. Амінь.

**Please contact Fr. Pavlo if you want to have the Divine Liturgies celebrated in your special intentions, such as: In Thanksgiving for Favours Received, the Infirm, General Intentions, Repose of the Deceased, Help of the Holy Spirit, for the Travelers, Students, Workers, etc. In case of emergency phone (250) 299-7249. If you would like to come to Confession, meet with the parish priest individually at the church or parish office, receive spiritual care and support via telephon or internet, want him to visit you, your relative or friend at their home, hospital or care homes, please, call or email the pastor in advance to arrange time and a day.**

### Liturgical propers in English language:

Tone 6<sup>th</sup>, pages 101-103

**For the Sundays of Great Fast-Lent the Typicon prescribes the Divine Liturgy of Saint Basil the Great**

**Epistle: A reading from the Letter of Saint Paul to the Hebrews (Hebrews 1:10-2:3)**

Brothers and Sisters, Scripture says: “Lord, of old you established the earth, and the heavens are the work of your hands. They will perish, but you remain; all of them will grow old like a garment. You will roll them up like a cloak, like a garment they will be changed. But you are the same, and your years will have no end.” To which of the angels has God ever said, “Sit at my right hand till I make your enemies your footstool?” Are they not all ministering spirits, sent to serve those who are to inherit salvation? In view of this, we must attend all the more to what we have heard, lest we drift away. For if the word spoken through angels stood unchanged, and all transgression and disobedience received its due punishment, how shall we escape if we ignore a salvation as great as ours? Announced first by the Lord, it was confirmed to us by those who had heard him.



**Gospel: (Mark 2:1-12)**

At that time, Jesus came back to Capernaum after a lapse of several days and word got around that he was at home. At that they began to gather in great numbers. There was no longer any room for them, even around the door.

While he was delivering God's word to them, some people arrived bringing a paralyzed man to him. The four who carried him were unable to bring him to Jesus because of the crowd, so they began to open up the roof over the spot where Jesus was. When they had made a hole, they let down the mat on which the paralytic was lying. When Jesus saw their faith, he said to the paralyzed man, "My son, your sins are forgiven." Now some of the scribes were sitting there asking themselves: "Why does the man talk in that way? He commits blasphemy! Who can forgive sins except God alone?"

Jesus was immediately aware of their reasoning, though they kept it to themselves, and he said to them: "Why do you harbour these thoughts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Stand up, pick up your mat, and walk again?' That you may know that the Son of Man has authority on earth to forgive sins" (he said to the paralyzed man), "I command you: Stand up!

Pick up your mat and go home." The man stood and picked up his mat and went outside in the sight of everyone. They were awestruck; all gave praise to God, saying, "We have never seen anything like this!"

Instead of "It is truly...": In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before the ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

At the conclusion of every Divine Liturgy we say an additional prayer for Peace in Ukraine until the end of the war:

**Our Father ... Hail Mary ... Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.**

**Молитва Духовного Причасття**

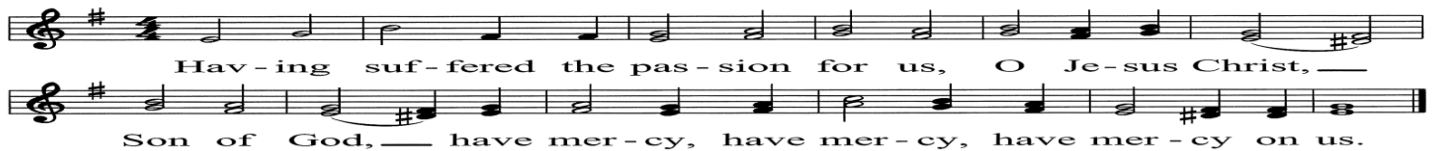
Мій Ісусе! Я вірю, що Ти присутній у цих Святих Дарах!  
Люблю Тебе над усе і моя душа тужить за Тобою.

Не можу зараз Тебе прийняти в Євхаристії,  
тому хоча б духовно прийди до мого серця!  
Запрошую Тебе, відчиняю навстіж двері мого серця,  
згадаючи Твої слова: «Ось стою під дверима і стукаю.  
Якщо хто почує Мій голос і відчинить двері,  
Я увійду до нього, і буду вечеряти з ним, а він зі Мною».  
Я увесь єднаюся з Тобою. Ісусе, моє найвище Добро  
й моя солодка Любове!

Торкнись мого серця і запали його,  
щоб воно завжди палало любов'ю до Тебе! Амінь.

**Prayer of Spiritual Communion**

My Jesus, I believe that You are present in these Holy Gifts!  
I love You above all things and I desire to receive You into my  
soul. Since I cannot receive You now, I place before You my whole  
life and hope, O loving Master; and I ask, pray, and entreat You:  
Make me worthy to partake in a mystical way and with a pure  
conscience of Your awesome and heavenly Mysteries: for  
forgiveness of sins, for the pardon of offenses, for communion of  
the Holy Spirit, for the inheritance of the kingdom of heaven, for  
confidence before You, and not for judgment or condemnation.  
I embrace You as You enter and abide in me, and I unite myself  
completely to You. Permeate my soul and body, and never permit  
me to be separated from You. Amen.

**Having Suffered****Літургійні частини Українською мовою:**

Глас 6, сторінки 100-102

**Апостол: До Євреїв Послання Святого Апостола Павла читання:(Євр. 1, 10-2 ,3)**

Браття і сестри, Святе Писання говорить: «Ти, Господи, напочатку заснував землю і небеса – діло рук твоїх. Вони загинуть, ти ж перебуваєш; усі, мов одежа, постаріються. Ти їх, неначе одєжину, згорнеш і, немов одєжа, вони зміняться. Ти ж – той самий, і літа твої не скінчаться.» До кого з ангелів він коли мовив: «Сідай праворуч мене, доки не покладу твоїх ворогів підніжком під твої ноги?» Хіба ж не всі вони служебні духи, що їх посилають до послуг тим, які мають успадкувати спасіння? Тому ми мусимо вважати дуже пильно на те, що почули, щоб, бува, нас не знесло з дороги. Бо коли слово, оголошене ангелами, було таке зобов'язуюче, що всякий його переступ і непослух приймав справедливую кару, то як утечемо ми, коли занедбаємо таке велике спасіння? Воно, спочатку проповідане Господом, було підтвержене нам тими, що його чули.

**Євангеліє: (Мр. 2,1-12)**

У той час коли прийшов Ісус до Капернауму, чутка пішла, що він у домі. І там зібралося стільки народу, що не було більш місця, навіть перед дверима; а він промовляв до них словом. І от прийшли до нього, несучи розслабленого; несли його четверо. А що із-за народу не могли донести до нього, розкрили стелю над місцем, де він був, й отвором спустили ліжку, на якому лежав розслаблений. Ісус, уздрівши їхню віру, до розслабленого й каже: "Сину, відпускаються тобі твої гріхи." А були й деякі книжники, що сиділи там та міркували собі: "І як може цей так говорити? Він богохульствує! Хто може прощати гріхи, крім одного лише Бога?" Ісус же, вмить збагнувши духом, що вони таке собі думають, до них і каже: "Чого таке ось намислюєте у ваших серцях? Що легше – сказати розслабленому: Відпускаються тобі гріхи, а чи сказати: Встань, візьми твоє ліжко й ходи?"

**Замість "Достойно..." співаємо:** Тобою радується, Благодатная, всяка твар, ангельський собор і чоловічеський рід, освящений храм і раю словесний, дівственна похвало, що із неї Бог воплотився і младенцем став – перед віками суцїй Бог наш. Лоно бо твоє престолом сотворив і утробу твою просторішою небес учинив. Тобою радується, Благодатная, всяка твар, слава тобі.



THANK YOU VERY MUCH!

ЩИРО ВАМ ДЯКУЄМО!

❖ **Gratitudes to all our parishioners, guests, visitors and all Christian people of the good will** who by their kindness share time, talents and treasures, every person who knowingly or unknowingly for the other people thoughtfully make donations, care and help our parish community in various ways and projects by keeping and sharing their Christian love, unity by looking after and graciously supporting our Christian, Catholic Church communities!

❖ Dormition of The Mother of God Parish in Kelowna donations:

February 15 – 21<sup>st</sup>, 2021 A.D. Mail/drop off: \$ 116.00 E-transfers: \$90.00

**DONATIONS!** Amid Covid-19 outbreak causing these difficult and challenging times we continue to rely on your generosity! **Please continue to support our parish financially by e-transfer** (it is a direct deposit, no security question is needed) via [dormitiontransfer2020@gmail.com](mailto:dormitiontransfer2020@gmail.com) or mailing a cheque payable to **Dormition of the Mother of God Ukrainian Catholic Church** 1091 Coronation Ave., Kelowna, BC V1Y 7A8 Thank you for your support and care at this uneasy time for us all.

**“Remember, O Lord, those who bear fruit doing good works in Your holy churches and remembering the poor. Send down Your mercy upon all of us!”** (A Prayer from the Divine Liturgy of Saint John Chrysostom)

**NOTE: Due to the growing numbers of the confirmed COVID-19 cases and BC Provincial Gomerment orders: all Christian churches including our Ukrainian Catholic parishes are temporarily closed for public services until further notice in 2021 A.D.!**

**Your pastor is praying privately for all of you daily! Please pray for one another and especially for those who are ill, participate via facebook streamings and other on-line church services, stay healthy and safe!**

[https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/restrictions?utm\\_campaign=20201118\\_GCPE\\_AM\\_COVID\\_1\\_NOTIFICATION\\_BCGOV\\_BCGOV\\_EN\\_BC\\_NOTIFICATION#social-gatherings](https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/restrictions?utm_campaign=20201118_GCPE_AM_COVID_1_NOTIFICATION_BCGOV_BCGOV_EN_BC_NOTIFICATION#social-gatherings)

[support/restrictions?utm\\_campaign=20201118\\_GCPE\\_AM\\_COVID\\_1\\_NOTIFICATION\\_BCGOV\\_BCGOV\\_EN\\_BC\\_NOTIFICATION#social-gatherings](https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/restrictions?utm_campaign=20201118_GCPE_AM_COVID_1_NOTIFICATION_BCGOV_BCGOV_EN_BC_NOTIFICATION#social-gatherings)



CONGRATULATIONS!

ЩИРО ВАМ ДЯКУЄМО!

May the Almighty God bless in good health and salvation in many, happy and blessed years of life to

Mrs. Ollie Proch on her birthday (Feb. 24<sup>th</sup>), Mr. Dominic and Mrs. Shelley Verhelst on their 28<sup>th</sup> wedding anniversary (Feb. 29<sup>th</sup>), Mrs. Tetiana Kalynych on her birthday (March 1<sup>st</sup>), Mr. Rylan Pfof on his birthday (March 3<sup>rd</sup>), Mr. Victor Ukrainetz on his birthday (March 6<sup>th</sup>), to all Christians celebrating heavenly patron's name days, and any other special anniversaries this week Mnohaya i Blahaya Lita / Many Blessed Years of Life!

NEWS and ANNOUNCEMENTS:

**LIVE STREAMING** of church services from Dormition of the Mother of God

Ukrainian Catholic Church in Kelowna, B.C.: <https://www.facebook.com/dormitionkelowna.parish.5>

You can also view 24 / 7 many inspiring videos, articles, pictures, etc. are regularly published by the pastor. Please visit our parish Facebook page: *DormitionKelowna Parish*: <https://www.facebook.com/dormitionkelowna.parish.5>

✚ Please also welcome to visit our Cathedral Facebook page for live-stream videos of the liturgical services at Holy Eucharist Cathedral: <https://www.facebook.com/holyeucharistcathedral/>

THANK YOU FOR PRAYING TO GOD AT YOUR HOMES AND ON-LINE TODAY!

Wishing you and all your dear ones to be blessed by God with health, hope, joy, peace and Christian love!

**Liturgical and Sacramental Services are celebrated by your spiritual father-pastor at the church during this week:**

*Bible readings for 2<sup>nd</sup> week of the Great Fast/Lent:*

*Bible readings for 3<sup>rd</sup> week of the Great Fast/Lent:*

Mon.: Genesis 6:9-22; Proverbs 8:1-22 & Isaiah 8:13-9:6

Tue.: Genesis 7:1-5; Proverbs 8:32-9:10 & Isaiah 9:8-10:4

Wed.: Genesis 7:6-9; Proverbs 9:12-18 & Isaiah 10:12-20

Thurs.: Genesis 7:11-8:3; Proverbs 10:1-22 & Isaiah 11:10-12:2

Fri.: Genesis 8:4-21; Proverbs 10:31-11:12 & Isaiah 13:2-13

She doesn't know it's a statue, so she went to help. ❤️



**SUNDAY, February 28<sup>th</sup> at 8:15 a.m.** Rosary: (Service in Kelowna, BC)

at 9:00 a.m. The Divine Liturgy: *God's blessings for all our parishioners, their family members, all relatives and friends.* (in English)

at 11:00 a.m. The Divine Liturgy: *God's blessings for all our parishioners, their family members, all relatives and friends.* (in Ukrainian)

Mon., March 1<sup>st</sup> - 10:00 a.m. Stations of the Cross

Tue., Mar. 2<sup>nd</sup> at 9:00 a.m. The Divine Liturgy: *God's blessings Mr. Nick and Mrs. Virginia Pisis, their family members, all relatives and friends.*

Wed., Feb. 3<sup>rd</sup> at 1:00 p.m. The Divine Liturgy of Presanctified Gifts: *God's blessings Mr. Victor Ukrainetz, his family members, all relatives and friends.*

Fri., Mar. 5<sup>th</sup> at 4:00 p.m. Sorokousty/Memorial Service for deceased parishioners, relatives and friends

Sat., Mar. 6<sup>th</sup> at 3:40 p.m. Lectio Divina Bible Studies

at 4:00 p.m. The Divine Liturgy: *God's blessings for all our parishioners, relatives and friends.* (in Eng. and Ukr.)

**Sunday services in Penticton, BC if the Government allows to re-open the churches for public liturgical services, if not then**

at 5:00 p.m. Vespers (Service in Kelowna, BC)

**SUNDAY, March 7<sup>th</sup> at 8:15 a.m.** Rosary: (Service in Kelowna, BC)

at 9:00 a.m. The Divine Liturgy: *God's blessings for all our parishioners, their family members, all relatives and friends.* (in English)

at 11:00 a.m. The Divine Liturgy: *God's blessings for all our parishioners, their family members, all relatives and friends.* (in Ukrainian)

**Wishing you and all your dear ones to be guided by the Holy Spirit, blessed with joy, peace and Christian love daily!**

✚ **PLEASE REMEMBER TO PRAY FOR:** Most Reverend Bishop-Emeritus Severian Yakymyshyn, Lucy D., Janet F., Volodymyr P., Ivan L., Ray Saranchuk, Cameron V., Rose Ostowowich, Keyton A., Danny M, Jordan M., Kit C., Shirley C., Olga Kuzyk, George Dashkewych, Olga Romanyshyn, Kay Ilnitski, Kalyna Kociuba, William Shuya, Maria Pylypchuk, Bronie Huska, Peter Huska, Roma Nowakowski, Barbara and Vincent Pasternak, Lorraine Turcotte, Dr. Nadia Popil, the Hillman Family, John Bulych, Joseph Stetch, Stefania Paraniuk, Rosa Maria Santos, Anita N., Ron and Verna Shoemaker, Jonas and Anne, Alyssa and Adam, Mark and Asia, Karen Feniuk, Volodymyr Melnyk, Marilyn Daulat and Family, Shelley Zemliak, Ron Horon, Adeline Sorochuk and all members of our parochial family and those who are not able to join actively in our community, your families, relatives, friends and neighbours; governments and armed forces, especially the shut-in or those in the hospitals, traveling, working or studying, nursing and senior homes, seeking God's answer to their prayers or those rejoicing with God's answer; your spiritual fathers, those celebrating birthdays and anniversaries; those called to their eternal reward and for the family they leave behind; widows and widowers, orphans, homeless, those who love us and those who hate, use & hurt us; and all people who have asked us pray for them. Please, also in your kindness keep praying those daily for vocations to the priesthood and religious life. Remember to ask for special blessings to all Christian families and yourselves! **REMINDER** for families of individuals, who are admitted to hospital - If you or a family member is admitted to hospital and you wish to have a priest visit, please be sure to have someone call our parish rectory office to make this request. Your pastor may have no other way of knowing that you are in hospital, as privacy legislation.

**SPIRIT OF CHRISTIAN AWARENESS:** *Dear parishioners, if our brother or sister in Christ, who usually sits next to you, is not in the Church today, please phone him / her and ask how he / she is doing. Let him or her know that our parish community misses his or her at the church very much and prays for them daily!* We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.

#### Catholic Education Prayers of the Faithful for February 2021 A.D.

- For Catholic Education: That our Catholic schools may make known God's plan for all creation, we pray to the Lord.
- For Catholic Education: That the leaders of our Catholic schools may be encouraged and comforted in the love of God, we pray to the Lord.
- For Catholic Education: That our Catholic schools may always receive their identity from the teachings of Christ Jesus, we pray to the Lord.
- For Catholic Education: That our Catholic schools may be a place of healing and safety in a hurting world, we pray to the Lord.

**Basic Guidelines for Reception of Holy Communion:** You are a member of the Catholic Church (faithful of the Orthodox churches are very welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace. *If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.*

**Pastoral and Sacramental Ministry: Baptisms:** by appointment. **Marriages:** six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made. **Reconciliation:** by appointment.

**Holy Communion:** for the sick, by appointment, any time, **Holy Unction** (Anointing of the Sick): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing (by appointment, any time),

**Funerals and Memorials:** by appointment.

✚ **Devotional Services to Blessed Vasyl Velychkovsky:** Every Wednesday at 7:00 pm, Live-Streaming on the YouTube Shrine Channel: <https://www.youtube.com/watch?v=1Og0D2DhlpU> Website: Bishop Velychkovsky National Martyr's Shrine: <https://bvmartyrshrine.com/>



**VIBRANT PARISH PRAYER:** O Lord Jesus Christ, our Good Shepherd, as you once gathered lost sheep that they might hear Your voice and be your flock, so also today graciously look down from heaven upon our parish community, and send down on it your Holy Spirit, that it might be a place to receive the joy of Your Good News.

Strengthen us with your presence, and always gather us together in prayer. Grant us the spirit of serving others, so that in our parish all might encounter You, the merciful God. Bless our spiritual leaders with Your wisdom, and inspire us to generously give of our time, talents and treasure for the building up of Your Kingdom. Unite us in peace and harmony, as befits Your community of love. Instill in us a missionary spirit, and let our parish community shine with the light of the Gospel, with prayer and good works, inviting all to share in the divine life, so that Your Name, O Saviour, may be praised, together with Your eternal Father, and Your most-holy, good and life-giving Spirit. Amen.



**МОЛИТВА ЖИВОЇ ПАРАФІЇ:** Господи Ісусе Христе, Пастирю Добрий, як колись Ти пригорнув заблуканих овець, щоб вони пізнали Твій голос і були Твоїм стадом, так і сьогодні глянь ласкаво з небесних висот на нашу парафію та зішли на неї Твого Святого Духа, щоб вона була місцем пізнання радості Доброї Новини.

Скріплюй нас Твоєю присутністю та єднай нас кожночасно в молитві. Даруй нам духа служіння ближньому, щоб у нашій парафії кожний міг зустріти Тебе, милостивого Бога. Благослови наш духовний провід Твоєю мудрістю і дай, щоб ніхто з нас не шкодував ні часу, ні талантів, ні матеріальних дідь для розбудови Твого царства. Єднай нас у мирі та злагоді, щоб ми були Твоєю спільнотою любові. Всели в нас місійного духа, щоб ми стали тим світлом євангельського слова, молитви і добрих діл, що кличе кожного до участі в Божественному житті, щоб славилася, Спасе, Твоє Ім'я з безначальним Твоїм Отцем та пресвятим, благим і животворящим Твоїм Духом нині, і повсякчас, і на віки віків. Амінь.



**Members of the Parish Executive Council and Comettes 2020-2021 A.D.:**

**Pastor:** Rev. Fr. Pavlo Myts

**Chairperson of the Parish Council:** Mrs. Yvonne Crawford      **Vice-Chairperson:** Mrs. Maria Matsychko  
**Financial Secretary:** Mrs. Elizabeth Hnylycia      **Treasurer:** Mrs. Lydia Pfob      **Recording Secretary:** Mrs. Gloria Dudych  
**Pastoral Team:** Mrs. Maria Cacchioni, Mrs. Marilyn Daulat, Mrs. Patricia Hamilton, Mrs. Marion Kaskiw, Mrs. Anne Boitson  
**Parish Choir and Cantoring:** Mrs. Lesia Achtymichuk, Mrs. Vlasta Fantych, Mr. Andriy Tomashevskyy  
**Sacristy Comettee:** Mr. Leo Brazeau, Mr. Eldon Hnylycia  
**Knights of Culunbus Round Table Comettee:** Mr. Lawrence Syrnyk, Mr. Steven Popyk, Mr. Nick Pizio, Mr. Edward Kaskiw, Mr. Eldon Hnylycia, Mr. Bill Boitson, Mr. Leo Brazeau, Mr. Nick Lalach, Mr. Neil Lalach, Mr. Harvey Lalach, Mr. Don Martin  
**Fundraising Comettee:** Mrs. Ann Boitson

**Catechism and Youth Ministry Comettee:** Mrs. Marilyn Daulat, Mrs. Lydia Pfob, Mrs. Naomi Lindstein  
**Church flowers decoration:** Mrs. Elizabeth Hnylycia, Mrs. Lesia Achtymichuk, Ms. Mariya Shandalla  
**Altar Linen comittee:** Mrs. Alice Pelechaty, Mrs. Lesia Achtymichuk, Mrs. Elena Fedorov, Mrs. Iryna Voytovych, Mr. Joseph Stetch  
**Social Comitte:** Ms. Mariya Shandalla, Mr. Ivan Gudz      **Ukrainian Language School:** Dobr. Mariia Myts, Mrs. Elena Fedorov  
**Kitchen Comitte:** Mrs. Alice Pelechaty, Mr. Joseph Stetch, Mrs. Elena Fedorov, Mr. Lawrence and Mrs. Judy Syrnyk, Mrs. Lydia Pfob, Mrs. Iryna Voytovych, Mr. Edward Kaskiw

**Maintenance Comitte:** Mr. Edward Kaskiw, Mr. Harvey Lalach, Mr. Ron Pfob, Mr. Roman Fedorov, Mr. Andriy Tomashevskyy.

**Please be aware and remember that your help is always appreciated, and we still need more parishioners to volunteer!**  
**Thank you for your support and care at this uneasy time for us all.**

***“Remember, O Lord, those who bear fruit doing good works in Your holy churches and remembering the poor. Send down Your mercy upon all of us!”*** (A Prayer from the Divine Liturgy of Saint John Chrysostom)

✚ **Our Parish Executive Council Meeting on-line via Zoom** is at 7 p.m. on Mon., March 1<sup>st</sup>, 2021 A.D.

✚ **PLEASE NOTE: Our Church parking lot is rented by Scuka Constuction Company workers during week.**

✚ **Traditional and Very Delicious Ukrainian Food is available for sale at our parish:** Perogies – \$ 7.00 per dozen, Kovbasa / Garlic Sausage - \$ 10.00 per 1-pound ring, Pie - \$ 9.00. If you need more information or to place your order, please contact Mrs. Alice Pelechaty at 250-763-4870 or Olena Fedorov at 778-821-0759.



✚ **An old, medium size deepfreezer is broken and must be replaced with a working one for our church kitchen use and future food sales.** If any person can donate a good, working deepfreezer or help to buy a new one it will be trully appreciated.

✚ **Express Depot Recycling:** We have this set up for parishioners to use. They enter the church's phone number and place the sticker on the bag. All monies will then be able to be able to be etransfered (after \$10) or check (after \$50). It can help with donations for those unable to attend and financially support the church. <https://www.return-it.ca/express/>

✚ **BE A STEWARD:** Have you ever wondered what more can you do to help our parish-church? Here are some suggestions: Steward of property security; Steward of grounds cleaning; Steward of cleaning church; Steward of church linen; Steward of outreach; Steward of caring; Steward of prayer; Steward of service. Quite often, our homebound or senior members, once active in their younger years, want to find purpose in their senior years. It's not only about doing but about "BEING" present to others! Please, feel very welcome to participate in our church choir singing, reading of the Epistles and others inspiring Bible texts, holding the candles during the Gospels readings, processions, welcoming, parish cleaning, projects, etc. **VOLUNTEERS HELP IS ALWAYS APPRECIATED:** to help out with weekly cleaning in the church, cutting the grass and maintaining the lawn, etc. If you can help out, please, let us know. Please, contact Mrs. Yvonne Crawford or Fr. Pavlo for more information. You will be amazed how "BEING" can make a difference at our spiritual, parish life! **Every parishioner is personally responsible before God for our spiritual home-parish church!** **NOTE:** If you wish to place your message or announcement into our weekly parish bulletin, please sent it by email to the office at [dormitionkelowna@gmail.com](mailto:dormitionkelowna@gmail.com) **by no later than 3:00 p.m. on Thursday.**

✚ **FAITHFUL GIVING ...** Please, remember that we never take a day off or a vacation from God, or from our obligation to attend Divine Liturgy on Sundays and Holy Days. When traveling, working, participating in different sport's tournaments, activities or studying, please, make sure you check out the service schedule for the area churches at our eparchial website: [www.nweparchy.ca](http://www.nweparchy.ca) and attend the Divine Liturgy. Remember as well, that while parishioners may be away and on vacation, the parish-church is not. Expenses continue as they do throughout the year. Please, remain consistent in your gifts to parish. Your weekly Sunday offering is important to our financial well-being. If you are away, we appreciate it when you forward your "make-up" donations. The financial stability of the parish counts on regular Sunday contributions. **Please, continue to be supportive, possitive and generous!**

✚ **Bequests and Wills:** Leaving a bequest is a process of giving a donation through your will. It is simply a distribution from your estate to a charitable organization through your last will and testament. It can be as small or as large a donation as you wish. It is important that you talk to your lawyer about the process. In your kindness, please remember Resurrection of Jesus Christ Ukrainian Catholic Parish in Penticton, BC and Dormition of the Mother of God

## Stewardship Prayer

O God, the Father of every gift, all that we are and have comes from your hand.

In Jesus Christ, your Son, you have given us the greatest of all gifts.


Fill our hearts with his love, so that we may be parish communities of faithful, caring people.

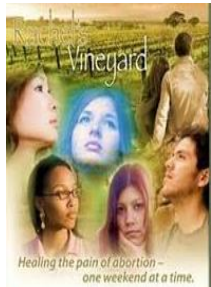
Grant us the grace to be good stewards who, in the name and spirit of Jesus, share our gifts of time, talent and treasure for the building up of your Kingdom in our Diocese and throughout the world.

May we see Our Pilgrimage of Faith Appeal as our way to live gratefully and give generously for your honor and glory.

Through Christ our Lord. Amen

Ukrainian Catholic Church in Kelowna, BC in your bequests and wills. If anyone wishes to make such a bequest in their will, the following clause may be included or added to a will: "I give, devise, and bequeath to Dormition of the Mother of God Ukrainian Catholic Church at 1091 Coronation Avenue, Kelowna, BC V1Y 7A8 or to Resurrection of Jesus Christ Ukrainian Catholic Parish in Penticton, BC, the sum of \$\_\_\_\_\_ (or \_\_\_\_% of my estate), to be used for the benefit of the church/parish and it's needs and pastoral ministry."

 **Rachel's Corner:** *"I feel clean, and with a desire to keep going forward. I feel like a woman who after so very much time, God extended His hand to me and picked me up. I am loved just as I am by Jesus, and now feel worthy in the eyes of God. Thank you, God, for filling me with peace inside and for having received my daughter with so much love, forgiving me and for teaching me to forgive others."* - Testimonial



A Rachel's Vineyard™ Retreat can radically change how you feel about yourself and others. Join us on a retreat and see what it is like to feel peace again, as you are reminded of how much He loves you. Ph.: 250-762-2273. Come on a Rachel's Vineyard™ Retreat and let these words come alive for you as He makes a miracle of you.  
[www.RachelsVineyardKelowna.com](http://www.RachelsVineyardKelowna.com) [info@rachelsvineyardkelowna.com](mailto:info@rachelsvineyardkelowna.com) Like us on Facebook: [Rachel's Vineyard Kelowna](#)

## How will I Make this Lent (Great Fast) Really Great?

Internet source: <https://eeparchy.com/2021/02/16/how-will-i-make-this-lent-great-fast-really-great/?fbclid=IwAR3rbW8lpvVTXjewNDxcE6SrsIPbgeo5UtopLQVm7VnVR1zVIFC0fY3aLbc>

Great Lent is upon us. We use the terms Lent, Great Lent, and Great Fast interchangeably. This year it begins on Feb 15 (Mar 15 Julian Calendar). During this time we are encouraged to take forty days to prepare ourselves, and our families, so as to be spiritually ready, and worthy to celebrate and worship the Resurrection—April 4 (May 2 Julian Calendar). We are encouraged to fast, pray more, and to practice intentional charity (almsgiving). Here are some resources and suggestions which can help guide us in our journey.

### • **Increase Prayer, Fasting, and Almsgiving:**

- Almsgiving, along with prayer and fasting make up the three-legged stool, which holds us up in our Lenten journey. These three when practiced together help to open our hearts to the Lord, so we may be touched by divine grace.
- If you have a family, speak with your spouse, and children about your expectations for Great Lent and decide as a family what you will do to increase your prayer, fasting, and almsgiving.
- It is a beautiful and encouraged practice to set aside the money we save from fasting during Great Lent. The money saved by not going out for lunch or supper, eating simpler and less each day can be donated to those in need.
- Consider sacrificing by increasing your donations at your parish, either in general or for a special project.
- Be purposeful about making the extra time to pray and to listen to God. Give yourself a few minutes to read the Holy Scriptures and contemplate the coming day before setting off to work and school. You can sign up to get short daily readings and reflections from Royal doors at <https://royaldoors.net/>
- Read the lives of the saints, the Psalter (psalms), or a book on prayer. There is some suggested Lenten reading material down below.
- Get the calendar of your parish or check out live-streamed services and plan to attend as a family. Consider attending the Canon of St. Andrew (this is good for both the body and soul!), the Liturgy of Presanctified Gifts, Sorokousty, or Vespers.
- Start your Lenten journey on the right foot with forgiveness. Some parishes will offer Forgiveness Vespers, on the evening of Cheesefare Sunday, or will attach the forgiveness service to the end of the Sunday Divine Liturgy. You could also call family, friends and those who we may have offended and ask forgiveness.



### **Make a Good Confession:**

- Take time to thoroughly examine your heart and soul. Here is a helpful guide as we face our conscience:

- [PDF – Examination of Conscience – Adults](#)
- [PDF – Examination of Conscience – Youth and Young Adults](#)
- [PDF – Examination of Conscience – Children](#)

#### Other Suggestions:

- Turn off the television for all of Great Lent. If you can't do that, pick only certain times or days you will watch.
- Instead of TV watch some Religious videos. There are some excellent presentations on various prayers here: <https://eeparchy.com/catholic-prayer/>
- Watch Christian Videos with your children. You can borrow DVDs from the Eparchial Catechetical Resource centre (*Give us a call (780) 424-5496*)
- Get to know some of the saints by watching these short informative videos here: <https://eeparchy.com/saints/>
- Set a limit on the amount of time you will spend in front of a screen and the internet each day outside of work—this includes cell phones.
- Take a break from Facebook Twitter or Instagram or at least take them off your phone so that they are not readily available.
- Turn off the radio in the car and enjoy the quiet or download Christian Podcasts or prayers. Find some here: [Between the Pews](#), [Bible in a Year](#), <https://eeparchy.com/catholic-prayer/>
- Renew or start a new hobby. Hobbies or crafts can help us feel inspired, keep our hands busy and give us an opportunity for a break. You can listen to your Christian Podcasts while you do! The [Jesus Prayer](#) would be great for this.
- Set aside family time:
  - Eat dinner together.
  - Attend church services together.
  - Play board games together.
  - Read together: Holy Scripture and other Christ centered books. Many are available to borrow or buy from the Edmonton Eparchy Pastoral centre. (*Give us a call (780) 424-5496*)
- Check out “The Zaccheaus Tree” by Lynne Drozdich Wardach. It is a great family resource available through [Macrina bookstore](#). This contains daily Scripture readings, prayers, and crafts that bring the season of the Great Fast home for kids (and parents).
- **Suggested Adult Readings for Great Lent:**
  - **The Holy Bible:** If you can only read one book during Great Lent it should be the Holy Scriptures. Go here: <https://eeparchy.com/monthly-propers/> for the daily prayers and Scripture readings.
  - **The Lenten Triodion:** This book gives all the changeable parts for every prayer service in Great Lent. It is filled with wonderful prayers and meditations. [PDF – What is the Triodion?](#)
  - Wondering who all those saints are on the calendar? Check out the **Daily Synaxarion** [here](#). Get to know the saints by reading these short introductions.
  - **Great Lent** by Alexander Schmemmann: A deep reflection on the meaning and purpose of Great Lent.
  - **On Repentance and Almsgiving & On Living Simply** by St John Chrysostom (347-407). St John has much to say to us about family life, marriage, and how we as Christians are to conduct ourselves even for us in the 21<sup>st</sup> century.
  - **Beginning to Pray** by Metropolitan Anthony Bloom. This little book has helped many Christians move from “saying prayers” to actually praying.

- **A Paschal Pilgrimage: A Guide for the great Fast for Ukrainian Catholics** by Bishop Basil Losten.

#### Resources for the Domestic Church:

- [PDF – Great Lent at Home \(Family Activity Book\)](#): This activity book has beautiful short daily Lenten reflections and activities for individuals and families alike.
- [PDF – Vegetable Soup Recipe](#): A basic soup recipe for strict fasting days.
- [PDF – Great Fast Calendar for Families](#): This has great ideas for daily activities and things to think about during the Pre-Lenten and the days of Great Lent.

#### Lenten Activities for Busy Families:

This resource is designed to help families to reflect on The Great Fast (Lent) and decide together on what they will do differently to observe this time of the liturgical year. They were originally created to do in a group at a parish, but they can easily be done as a family at home.

[PDF – Activity Our Lenten Calendar](#)

[PDF – Little Lenten Living Boxes](#)

[PDF – Take Time](#)

[PDF – Great Fast Plans for Busy Families Whole Family Catechesis Session Leader Guide](#)



*Earthly Creations*  
*Floral Art Gift Gallery*

Marie E. Shandalla  
250-861-5825  
2630 Pandosy Street  
Kelowna, BC V1Y 1V6  
[marie@earthlycreations.net](mailto:marie@earthlycreations.net)  
Canadian Made — Canadian Grown  
*'Life is all about Love'*



#### TERANCE CODERRE

Assistant Manager - Funeral Director  
☎ 250-762-2299 | F 250-862-9544  
[terance.coderre@sci-us.com](mailto:terance.coderre@sci-us.com)

#### FIRST MEMORIAL FUNERAL SERVICES

1211 Sutherland Ave, Kelowna, British Columbia V1Y 5Y2  
[www.firstmemorialfuneralkelowna.com](http://www.firstmemorialfuneralkelowna.com)



Вічна Пам'ять  
250.860.7077  
**Springfield**  
FUNERAL HOME

If you wish your business to be advertised at our church bulletin,  
please, let us know by contacting the parish office.

please, let us know by contacting the parish office.