

**Ukrainian Catholic Church  
of the Dormition of the Mother of God**

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Facebook page: *DormitionKelowna Parish*: <https://www.facebook.com/dormitionkelowna.parish.5>

Ukrainian Catholic Eparchy of New Westminster: [www.nweparchy.ca](http://www.nweparchy.ca)

**Українська Католицька Церква  
Успення Пресвятої Богородиці**

**3<sup>rd</sup> SUNDAY OF THE GREAT FAST / LENT - March 24<sup>th</sup>, 2019 A.D.**

**"We must restore hope to young people, help the old, be open to the future, spread love. Be poor among the poor.**

**We need to include the excluded and preach peace."** - teaches Pope Francis I

**THE VIBRANT PARISH - A PLACE TO ENCOUNTER THE LIVING CHRIST:** Through the Word, the Holy Mysteries & Prayer, Serving One's Neighbour, Leadership, Fostering & Serving Unity and Missionary Spirit – *Pastoral Letter of His Beatitude Sviatoslav Shevchuk*

**'All the challenging circumstances of our life on earth – these are for us an invitation to active love, which is an expression of living faith!'**

- *Pastoral Letter of His Beatitude Sviatoslav Shevchuk "The Vibrant Parish"*

**'Всі ці прикрі явища нашого земного життя – це для нас запрошення до чинної любові, яка є виявом живої віри.'**

- *Пастирський Лист Блаженнішого Святослава Шевчука "Жива Парафія"*

**Christian Greetings: Glory to Jesus Christ! – Glory to Him Forever!**

*Slava Isusu Chrystu! – Slava na Viky! Слава Ісусу Христу! – Слава на Віку!*

Christ is among us! – He is and will be!

**Bible readings for 4<sup>th</sup> week of the Great Fast/Lent:**

Mon.: Genesis 8:21-9:7; Proverbs 11:19-12:6 & Isaiah 14:24-32 Tue.: Genesis 9:8-17; Proverbs 12:8-22 & Isaiah 25:1-9

Wed.: Gen. 9:18-10:1; Proverbs 12:23-13:9 & Isaiah 26:21-27:9 Thur.: Gen. 10:32-11:9; Proverbs 13:19-14:6 & Isaiah 28:14-22

Fri.: Genesis 12:1-7; Proverbs 14:15-26 & Isaiah 29:13-23



**Liturgical and Sacramental celebrations during this week:**

Sunday, March 24<sup>th</sup> – 7:00 p.m. Vespers

Monday, March 25<sup>th</sup>, 2019 (*Annunciation of the Blessed Virgin Mary*) – 10:00 a.m. The Divine Liturgy: God's blessings for all Parishioners and family members. (*in English and Ukrainian languages*)

Wednesday, Mar. 27<sup>th</sup> – 4:00 p.m. The Divine Liturgy of Pre-Sanctified Gifts:

Thursday, Mar. 28<sup>th</sup> – 9:30 a.m. The Divine Liturgy: *for peaceful repose of the soul of Mrs. Emilia Kulishevskia*

Friday, Mar. 29<sup>th</sup> – 7:00 p.m. The Way of the Cross, followed by Sorokousty / Lenten Memorial Service for the deceased.

Saturday, March 30<sup>th</sup> ***The Great Fast/Lenten Mission by Rev. Fr. Harry Clarke (Confession starts at 3:30 p.m.)***

– 3:40 p.m. Lectio Divina / Bible Studies: (Studies and Service in Penticton, BC)

– 4:00 p.m. The Divine Liturgy: God's blessings for all parishioners

Panakhida/ 1<sup>st</sup> Year Memorial Service: *for peaceful repose of the soul of Mrs. Ruth Van Os*

(*requested by Mr. Leo Van Os and Mr. Ron Ewanchuk*)

Sunday, March 31<sup>th</sup>. ***The Great Fast/Lenten Mission by Rev. Fr. Harry Clarke (Confession starts at 8 a.m.)*** – 8:15 a.m. Rosary:

– 9:00 a.m. The Divine Liturgy: God's blessings for all parishioners. (*in English and Ukrainian languages*)

**Liturgical Propers in English language:**

Tone 3, text from pages 93-95

***For the Sundays of Great Fast-Lent the Typicon prescribes the Divine Liturgy of Saint Basil the Great Adoration of the Precious and Life-Giving Cross*** (before the Divine Liturgy begins)

**Priest:** *Wisdom Stand Aright*

**People:** *sing Troparion (tone 1): Save Your people, O Lord, and bless Your inheritance. Grant victory to Your faithful people against enemies, and protect Your community by Your cross. (3 times)*

**Priest:** *Have Mercy on us, O God, in the greatness of Your compassion, we pray You, hear us and have mercy. †*

**People:** *Lord, have mercy (24 times according to the melody presented below)*

**Priest:** *We also pray for our most holy universal Pontiff, Francis Pope of Rome; and for our most blessed Patriarch Sviatoslav, that the Lord God would grant them health and salvation, ever directing them and assisting them in all they do: We pray to You, O Lord, hear us and have mercy. †*

**People:** *Lord, have mercy (24 times.)*

**Priest:** *We also pray for our most reverend metropolitan Lawrence, for our God-loving bishop Ken, for our spiritual fathers and mothers, and for all our brothers and sisters in Christ; for their health and salvation, and for the remission of their sins, let us say. †*

**People:** *Lord, have mercy (24 times.)*



**Priest:** We also pray for every Christian soul that is afflicted and maltreated; for their health and salvation, and for the remission of their sins, let us say. †

**People:** Lord, have mercy (24 times.)

**Priest:** We also pray for all those who serve and have served in this holy church; for their health and salvation, and for the remission of their sins, let us pray. †

**People:** Lord, have mercy (24 times.)

**People:** Glory be to the Father and to the Son and to the Holy Spirit; now and for ever and ever. Amen.

Kontakion (tone 4): By Your own choice, O Christ our God, You were lifted on the cross. Grant Your mercies to Your new community that bears Your name. By Your power gladden the faithful people and grant them victory against enemies. May they have the help of Your instrument of peace, the invincible sign of victory.

**Musical Arrangement of the 24 Lord Have Mercies. Pg 1122 Anthology.**

The musical score consists of six staves of music in G major (one sharp) and 2/4 time. The melody is a simple, repetitive sequence of notes: G4, A4, B4, C5, B4, A4, G4. The lyrics are: "Ho-spo-dy, po-my-lui. (3) Ho-spo-dy, po-my-lui. (3)". The first three staves show the melody with the lyrics. The fourth staff shows the melody with the lyrics "Ho - spo - dy, po - my-lui. (3) Ho - spo - dy,". The fifth staff shows the melody with the lyrics "po-my - - - lui. Ho-spo - dy, po-my-lui.". The sixth staff shows the melody with the lyrics "Ho - spo - dy, po - my - - - - lui.".

**Priest:** To Your cross, O Master, we bow in veneration, and we glorify Your holy resurrection.

**People:** To Your cross, O Master, we bow in veneration, and we glorify Your Holy Resurrection.

**Priest:** To Your cross, O Master, we bow in veneration,

**People:** And we glorify Your holy resurrection!

Instead of "Holy God," **To Your Cross, O Master, we bow in veneration, and we glorify Your Holy Resurrection!**

**Epistle: A reading from the Letter of Saint Paul to the Hebrews (Hebrews 4:14-5:6)**

Brethren, Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our profession of faith. For we do not have a high priest who is unable to sympathize with our weakness, but one who was tempted in every way that we are, yet never sinned. So let us confidently approach the throne of grace to receive mercy and favor and to find help in time of need.

Every high priest is taken from among men and made their representative before God, to offer gifts and sacrifices for sins. He is able to deal patiently with erring sinners, for he himself is beset by weakness and so must make sin offerings for himself as well as for the people. One does not make this honor on his own initiative, but only when called by God as Aaron was. Even Christ did not glorify himself with the office of high priest; he received it from the One who said to him, "You are my son; today I have begotten you"; just as he says in another place, "You are a priest forever, according to the order of Melchizedek."



**Gospel: (Mark 8:34-9:1)**

The Lord said, "If a man wishes to come after me, he must deny his very self, take up his cross, and follow in my steps. Whoever would preserve his life will lose it, but whoever loses his life for my sake and the gospel's will preserve it.

What profit does a man show who gains the whole world and destroys himself in the process? What can a man offer in exchange for his life?

If anyone in this faithless and corrupt age is ashamed of me and my doctrine, the Son of Man will be ashamed of him when he comes with the holy angels in his Father's glory." He also said to them: "I assure you, among those standing here there are some who will not taste death until they see the reign of God established in power."

Instead of "It is truly...": In you, Lady full of grace all creation rejoices, the world of angels and the human race. Sanctified temple, spiritual paradise, boast of virgins. God took flesh from you and became a child. He was God before the ages, He made your womb a throne and made it more encompassing than the heavens. In you, Lady full of grace all creation rejoices, glory be to to you!

**Priest:** To Your cross, O Master, we bow in veneration, and we glorify Your holy resurrection.

**People:** To Your cross, O Master, we bow in veneration, and we glorify Your Holy Resurrection.

**Priest:** To Your cross, O Master, we bow in veneration,

**People:** And we glorify Your holy resurrection!

**Our Eparch, Bishop Ken** is requesting that at the conclusion of every Divine Liturgy we say an additional prayer for Peace in Ukraine until the end of the war. **For peace in Ukraine, let us pray: Our Father ... Hail Mary ... Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.**

**Літургійні частини Українською мовою:**

Глас 3, сторінки 92-94; Служиться літургія св. Василя Великого.

**Апостол: До Євреїв Послання Святого Апостола Павла читання: (Євр. 4,14-5,6)**

Браття і Сестри, мавши великого архиєрея, що вже пройшов небо, Ісуса, Божого Сина, тримаймося твердо віровизнання. Бо ми не маємо такого архиєрея, який не міг би співчувати нашим недугам: він же ж зазнав усього, подібно як ми, крім гріха. Приступім, отже, з довір'ям до престолу благодаті, щоб отримати милість і знайти благодать на своєчасну поміч. Кожен бо архиєрей, узятий з-поміж людей, настановляється для людей у справах Божих, щоб приносив дари та жертви за гріхи; що може співчувати нетямущим та введеним в оману, бо й сам він неміччю охоплений, і тому повинен так за людей, як і за себе самого приносити жертви за гріхи. Чести ж цієї ніхто не бере сам собі, лише той, хто покликаний Богом, як Арон. Так і Христос не сам собі присвоїв славу стати архиєреєм, вона бо від того, який до нього мовив: «Син мій єси, я сьогодні породив тебе.» Як і на іншому місці каже: «Ти – священник навіки за чином Мелхиседека.»

**Євангеліє: (Мр 8,34-9,1)**

Сказав Господь: «Коли хтось хоче йти за мною, хай зречеться себе самого, візьме на себе хрест свій і йде слідом за мною. Бо хто хоче спасти свою душу, той її погубить; а хто погубить свою душу мене ради та Євангелії, той її спасе. Бо яка користь людині здобути світ увесь, а занепасти свою душу? Що бо людина може дати взамін за власну душу? Хто, отже, буде соромитися мене й моїх слів перед цим родом перелюбним та грішним, того посоромиться і Син Чоловічий, коли прийде у славі Отця свого з святими ангелами.» І сказав їм: «Істинно кажу вам: Є деякі з отут присутніх, що не зазнають смерті, аж поки не вздріють Царства Божого, що прийде у могутності.»

**Замість “Достойно...” співаємо:** Тобою радується, Благодатная, всяка твар, ангельський собор і чоловічеський рід, освящений храм і раю словесний, дівственна похвало, що із неї Бог воплотився і младенцем став – перед віками сущий Бог наш. Лоно бо твоє престолом сотворив і утробу твою просторішою небес учинив. Тобою радується, Благодатная, всяка твар, слава тобі.

**Хресту Твоєму поклоняємось, Владико, і святес воскресіння Твоє славимо.**

THANK YOU VERY MUCH

ЩИРО ВАМ ДЯКУЄМО

❖ **Gratitudes to all our parishioners, guests, visitors and all people of the good will** who by their kindness share time, talents and treasures, volunteer and organize coffee-socials, make donations, knowingly and unknowingly for the other people thoughtfully care and help our parish community, parishioners welcoming our guests and visitors, help with preparing and baking Easter breads, actively participate at different parish projects and programs, looking after and graciously supporting our Christian, Catholic Church community! May the Almighty God bless and abundantly reward your time, care and generosity! **“Remember, O Lord, those who bear fruit doing good works in Your holy churches and remembering the poor. Send down Your mercy upon all of us!”** (A Prayer from the Divine Liturgy of Saint John Chrysostom)

**CONGRATULATIONS!!!**

❖ May the Almighty God bless in good health and salvation in many, happy and blessed years of life to Mr. Bill Boitson on his birthday (March 24<sup>th</sup>), and all parishioners who celebrate their birthdays, heavenly patron's /saint's name-days, wedding anniversaries and any other special anniversaries this week – Mnohaya i Blahaya Lita!

**NEWS and ANNOUNCEMENTS:**

WELCOME TO OUR PARISHIONERS, GUESTS AND VISITORS WHO HAVE JOINED US IN THIS DIVINE LITURGY. THANK YOU FOR PRAYING WITH US AT THE CHURCH TODAY! WISHING YOU A BLESSED, RESTFUL WEEKEND AND FRUITFUL, HEALTHY AND SAFE WEEK! EVERYONE IS VERY WELCOME TO COME AND PARTICIPATE IN OUR PARISH COFFEE AND FELLOWSHIP AT THE CHURCH HALL FOLLOWING THE DIVINE LITURGY TODAY!

Wishing you and all your dear ones a blessed and spiritually enriching journey of the Great Fast / Lent!

❖ **PLEASE, REMEMBER TO PRAY FOR:** yourselves, Most Reverend Bishop-Emeritus Severian Yakymyshyn, Lucy D., Janet F., Alex R., Volodymyr P., Ivan L., Ray Saranchuk, Cameron V., Rose Ostopowich, Keyton A., Ric B., Rocio A., Kit C., Shirley C., Peter Dranchuk, Sandra Sh., Patricia U., Olga Kuzyk, Anthony and Victoria Huziak, George and Mary Dashkewytsch, Olga Romanyshyn, Myron Stec, Kay Ilnitski, Kalyna Kociuba, William Shuya, Mykhailo Bodnar, Maria Pylypchuk, Bronie Huska, Peter Huska, Stanley and Roma Nowakowski (Bishop Ken's parents), Barbara and Vincent Pasternak, Dorothy Scott, Lorraine Turcotte, Dr. Nadia Popil, the Hillman Family, Sandra Shynkaryk, John and Ann Bulych, Rosa Maria Santos, Anita N., Ron and Verna Shoemaker, Jonas and Anne, Alyssa and Adam, Mark and Asia, Karen Feniuk and all members of our parish family and those who are not able to join actively in our community, your families, relatives, friends; governments and armed forces, especially the shut-in or those in the hospitals, traveling, working or studying, nursing and senior homes, those seeking God's answer to their prayers or those rejoicing with God's answer; those celebrating birthdays and anniversaries; those called to their eternal reward and for the family they leave behind; widows and widowers, orphans, homeless and all people who have asked us pray for them. Please, also in your kindness keep praying daily for vocations to the priesthood and religious life. Remember to ask for special blessings to all Christian families! **REMINDER** for families of individuals, who are admitted to hospital - If you or a family member is admitted to hospital and you wish to have a priest visit, please be sure to have someone call our parish rectory office to make this request. Your pastor may have no other way of knowing that you are in hospital, as privacy legislation. **SPIRIT OF CHRISTIAN AWARENESS:** Dear parishioners, if our brother / sister in Christ, who usually sits next to you, is not in the Church today, please phone him / her and ask how he / she is doing. Let him or her know that our parish community misses this brother or sister at the church very much and prays for them daily!

❖ *We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.*



❖ **Basic Guidelines for Reception of Holy Communion:** You are a member of the Catholic Church (faithful of the Orthodox churches are very welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace. *If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.*

**Pastoral and Sacramental Ministry:**

**Baptisms:** by appointment. **Marriages:** six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

**Reconciliation:** on Sundays and Holy Days: before Liturgies and other days, by appointment. **Holy Communion:** for the sick, by appointment, any time **Holy Unction** (Anointing of the Sick): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing (by appointment, any time) **Funerals and Memorials:** by appointment.

\* Please, contact Fr. Pavlo if you want to have the Divine Liturgies celebrated in your special (such as: In thanksgiving for favours received, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc.) intentions. *If you need to meet with the parish priest, please, call or email in advance to arrange time and a day.*

**VIBRANT PARISH PRAYER:** O Lord Jesus Christ, our Good Shepherd, as you once gathered lost sheep that they might hear Your voice and be your flock, so also today graciously look down from heaven upon our parish community, and send down on it your Holy Spirit, that it might be a place to receive the joy of Your Good News. Strengthen us with your presence, and always gather us together in prayer. Grant us the spirit of serving others, so that in our parish all might encounter You, the merciful God. Bless our spiritual leaders with Your wisdom, and inspire us to generously give of our time, talents and treasure for the building up of Your Kingdom. Unite us in peace and harmony, as befits Your community of love. Instill in us a missionary spirit, and let our parish community shine with the light of the Gospel, with prayer and good works, inviting all to share in the divine life, so that Your Name, O Saviour, may be praised, together with Your eternal Father, and Your most-holy, good and life-giving Spirit. Amen.



**МОЛИТВА ЖИВОЇ ПАРАФІЇ:** Господи Ісусе Христе, Пастирю Добрий, як колись Ти пригорнув заблуканих овечок, щоб вони пізнали Твій голос і були Твоїм стадом, так і сьогодні глянь ласкаво з небесних висот на нашу парафію та зішли на неї Твого Святого Духа, щоб вона була місцем пізнання радості Доброї Новини. Скріплюй нас Твоею присутністю та єднай нас кожночасно в молитві. Даруй нам духа служіння ближньому, щоб у нашій парафії кожний міг зустріти Тебе, милостивого Бога. Благослови наш духовний провід Твоею мудрістю і дай, щоб ніхто з нас не шкодував ні часу, ні талантів, ні матеріальних дїбр для розбудови Твого царства. Єднай нас у мирі та злагоді, щоб ми були Твоею спільнотою любові. Всели в нас місійного духа, щоб ми стали тим світлом євангельського слова, молитви і добрих дїл, що кличе кожного до участі в Божественному житті, щоб славилось, Спасе, Твоє Ім'я з безначальним Твоїм Отцем та пресвятим, благим і животворящим Твоїм Духом нині, і повсякчас, і на віки віків. Амінь



**Chancery Office  
Eparchy of New Westminster**

To the Faithful of the Eparchy of New Westminster

10 March 2019

Glory to Jesus Christ!

Dear Sisters and Brothers,

We have now completed our first week of the Great Fast. Our Lenten journey towards the celebration of Easter-Pascha has begun - a blessed time of increased prayer, fasting and works of charity.

There are so many different forms of prayer: petition, praise, intercession, thanksgiving. But Lent is a special time to stand before our Heavenly Father as we are, acutely aware of our own sinfulness and inadequacy, yet mindful of His grace. This prayer of contrition, to judge oneself before the Lord, is, in fact, one of the meanings derived from the Hebrew word for prayer, *tefillah*. Whether together in community during liturgical prayer or privately in the depths of our heart, let us ask our Lord to heal us and to restore our relationship with Him.

Through the practice of Lenten Fasting we can curb and take charge of the desires of the flesh. We know that food is a gift and that is why we say a prayer of blessing before meals. But hunger is a gift as well, especially when we willfully deny ourselves nourishment or some pleasure. I remember when I was a young boy; my Mom would endlessly warn me not to eat candy or chocolate before supper because I would ruin my appetite. Sadly, more often than not, I did not heed her good advice, and would sneak a chocolate or a candy and then just as she warned, I didn't feel like eating the wonderful meal that she had prepared for the family. During Lent our physical hunger is a sign of spiritual hunger. Our empty stomach is an image of us emptying our hearts of self-centeredness, so that we can be filled by God. When we fast or abstain from certain foods, when we deny ourselves certain activities, we are not only preparing our bodily appetites for the Easter feast, but we are also preparing our spirit for the celebration of life everlasting, which He has already prepared for us.

The third element of our Lenten spiritual journey consists in almsgiving or performing acts of charity, the sharing of our time, talents or treasure with those in need wherever they may be--in our own family, our community and neighborhood, or in distant lands. Almsgiving helps us move beyond ourselves and focus on those who are less fortunate, our sisters and brothers in need. Jesus told us that whatever we do to the least among us, we do it unto Him.

I want to encourage you, Dear Sisters and Brothers, to take advantage of this special time of prayer, of fasting, of almsgiving, and invite us all, as members of the Eparchy of New Westminster, to common action. Each year during the Great Fast I have encouraged all to come together as one Eparchial family and support a particular cause. In past years we have supported Caritas Ukraine, the

Ukrainian Catholic University in Lviv, etc. This year I would like to ask you to make a donation to CATHOLIC MISSIONS IN CANADA. Founded in 1908, Catholic Missions in Canada, at the time called "The Catholic Church Extension Society of Canada," has come to the aid of isolated missions across our country where a lack of resources makes it impossible to maintain a Catholic presence without outside financial help. In fact, Catholic Missions in Canada came to the financial aid of the first Ukrainian Catholic Bishop in Canada, Blessed Nykyta Budka, who arrived in Canada in 1912. Since that time our Ukrainian Catholic Church has benefited greatly from its financial support. Catholic Missions in Canada has been and continues to be one of our greatest benefactors. Without their help our Eparchy would have a very difficult time providing pastoral ministry to our faithful in British Columbia. Many of our parishes struggle to meet their financial obligations, perhaps to cover costs of property insurance or other running costs, Missions In Canada helps us make up these shortfalls. We receive funding from Catholic Missions in Canada for our annual Eparchial summer Camp, Camp Saint Volodymyr. They have supported the education and formation of some of our Eparchial Clergy. In fact, I am personally indebted to Catholic Missions in Canada. They supported my formation to the priesthood when I was a seminarian!

If I have succeeded in convincing you to make a generous donation this Lent to Catholic Missions in Canada, you can use the special envelopes that will be provided to you. For donations of \$20.00 or more you will also receive a charitable donation receipt. Our Eparchial collection will take place on Sunday 31 March. However, if you are not able to be in church that Sunday, you can use the envelope earlier or even later. All funds collected in the parishes will be forwarded to the Eparchial Chancery Offices and then sent to Catholic Missions in Canada as our Eparchial donation. We will report back to you, so that you can know how much we've collected this year.

Together as an Eparchial Family, let us make this Great Fast a special journey of prayer, fasting and generosity, ever mindful of the blessings of Pascha that await us!

With prayerful best wishes, I remain,

Sincerely yours in the Lord,  
+Ken

❖ **BOX FOR USED CHURCH BULLETINS** – since our Sunday bulletins contain Sacred Scripture readings & icons, they need to be disposed of properly/respectfully after use. Please do not throw them into the garbage but recycle them after shredding if possible. In order to assist with this request, we have provided a special box for used bulletins at the church entrance.

❖ **Panakhya Service (1<sup>st</sup> Year memorial service): for the repose of the soul of dear mother Mrs. Lily-Ann Sitter** (requested by Mrs. Marie Shandalla) will be celebrated after the 9:00 a.m. Divine Liturgy (one, bi-lingual service), and at 10:30 a.m. a memorial lunch will be held at the parish hall on Sunday, April 7<sup>th</sup>, 2019 A.D.

❖ **A SPECIAL REQUEST:** After each Divine Liturgy and every church service, please, keep silence in the House of the Lord as some of the faithful are still praying at the church. As well, please, do not forget close all Liturgy and/or hymnbooks and return them to their proper place. Also, please do not leave any church bulletins or any other material in the pews. Let each of us do our part to be true stewards of our parish church by helping to keep the church building clean and neat. Thank you very much! **Every parishioner is personally responsible before God for our spiritual home-parish-church!**

❖ **Volunteers help is needed to make cabbage-rolls starting at 8 a.m. on Saturday of March 30<sup>th</sup>, 2019.** It is a good time to help our parish fundraisers and socialize together. More helpers come – easier and faster the work is done! Please, come to help!

❖ **Volunteers for Sunday coffee socials and clean-ups are needed** – please continue putting your name on the calendar posted in the church hall. If you can help out, please, let us know. Your help is truly appreciated!

❖ **BE A STEWARD:** Have you ever wondered what more can you do to help our parish-church? Here are some suggestions: Steward of property security; Steward of grounds cleaning; Steward of cleaning church; Steward of church linen; Steward of outreach; Steward of caring; Steward of prayer; Steward of service. Quite often, our homebound or senior members, once active in their younger years, want to find purpose in their senior years. It's not only about doing but about "BEING" present to others! Please, feel very welcome to participate in our church choir singing, reading of the Epistles and others inspiring Bible texts, holding the candles during the Gospels readings, processions, welcoming, parish cleaning, projects, etc. **VOLUNTEERS NEEDED:** to help out with weekly cleaning in the church and organizing of coffee social after the Divine Liturgy on Sundays, work-bees, etc. If you can help out, please, let us know. Please, Contact Mrs. Yvonne Crawford or Fr. Pavlo for more information. You will be amazed how "BEING" can make a difference at our spiritual, parish life!

❖ **FAITHFUL GIVING** ... Please, remember that we never take a day off or a vacation from God, or from our obligation to attend Divine Liturgy on Sundays and Holy Days. **When traveling, working, participating in different sport's tournaments, activities or studying, please, make sure you check out the service schedule for the area churches at our eparchial website: [www.nweparchy.ca](http://www.nweparchy.ca) and attend the Divine Liturgy.** Remember as well, that while parishioners may be away and on vacation, the parish-church is not. Expenses continue as they do throughout the year. Please, remain consistent in your gifts to parish. Your weekly Sunday offering is important to our financial well-being. If you are away, we appreciate it when you forward your "make-up" donations.





The financial stability of the parish counts on regular Sunday contributions. Please, continue to be supportive and generous! "Remember, O Lord, those who bear fruit doing good works in Your holy churches and remembering the poor. Send down Your mercy upon all of us!" (*Divine Liturgy of Saint John Chrysostom*)

❖ **Movie Night with Fr. Ron Dechant, OMI will be on Monday, April 1<sup>st</sup> @ 7:00 pm in Saint Charles Garnier's Roman Catholic parish hall.** The movie is "Witness to Hope-The Life of John Paul II". This richly textured film traces the personal life and struggles of the first non-Italian pope in over 450 years. A complete and intimate portrait of the most beloved pope of the 20<sup>th</sup> century.

❖ **Please, share to Kelowna Food Bank.** A special box is located at the church vestibule.

❖ **Rachel's Corner:** "The Lord manifests Himself to those who stop for some time in peace and humility of heart. If you look in murky and turbulent waters, you cannot see the reflection of your face. If you want to see the face of Christ, stop and collect your thoughts in silence, and close the door of your soul to the noise of external things." - *Saint Anthony of Padua*

Has your participation in an abortion decision left you with turbulent waters that you have tried to deny and hide for a long time? Join us on a Rachel Retreat for a weekend of Healing. [www.RachelsVineyardKelowna.com](http://www.RachelsVineyardKelowna.com) [info@rachelsvineyardkelowna.com](mailto:info@rachelsvineyardkelowna.com)  
250-762-2273, Like us on Facebook: Rachel's Vineyard Kelowna

❖ **RACHEL'S VINEYARD RETREAT:** Many women and men who suffer from an abortion decision remain locked in their own internal prison afraid of anyone knowing their deep secret. Rachel's Vineyard weekend retreats are a beautiful opportunity for any person who has struggled with the emotional or spiritual pain of an abortion. The retreat is a specific process designed to help you experience the mercy and compassion of God. It is also an opportunity to release repressed feelings of shame, guilt, anger and grief. The weekend will help your soul find a voice, and transform the pain of the past into love and hope. Registrations are now being accepted for our April 5-7, 2019 retreat. Please contact Sue 250-762-2273, [info@rachelsvineyardkelowna.com](mailto:info@rachelsvineyardkelowna.com), [www.RachelsVineyardKelowna.com](http://www.RachelsVineyardKelowna.com) Strict confidentiality assured.

❖ **Traditional, Delicious Ukrainian Food is available for sale at our parish:** Perogies – \$ 6.00 per dozen, Cabbage Rolls (and filled in with cooked rise) – \$ 6.00 per dozen, Borshch – \$ 7.00 per a jar, for more information, please contact Mrs. Alice Pelechaty at 250-763-4870.

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Marie E Shandalla

[marie@earthlycreations.net](mailto:marie@earthlycreations.net)

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**Food Sale**

**PEROGY - CABBAGE ROLLS -  
PASKAS - BABKAS - BORSCHT -  
BEET RELISH and much more**



**Saturday, April 13, 2019**  
Time: 10 am - 1 pm  
while supplies last

**Ukrainian Catholic Parish Hall**  
1091 Coronation Ave. (at Gordon Dr.)  
Kelowna, BC V1Y 7A8

Contacts: 250-860-7295, 250-763-4870, 778-214-9974,  
[joestetch@yahoo.com](mailto:joestetch@yahoo.com), [dormitionkelowna@gmail.com](mailto:dormitionkelowna@gmail.com)