



1948-2018 - celebrating its 70 years

## Dormition of the Mother of God Ukrainian Catholic Church



**Українська Католицька Церква Успення Пресвятої Богородиці**

1091 Coronation Avenue, Kelowna, BC V1Y 7A8

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Parish web-site: <http://kelowna.nweparchy.ca/>

Pastor: Rev. Fr. Pavlo Myts / о. Павло Миць

Facebook page: **DormitionKelowna Parish**: <https://www.facebook.com/dormitionkelowna.parish.5>

**Ukrainian Catholic Eparchy of New Westminster**: [www.nweparchy.ca](http://www.nweparchy.ca)



**24<sup>th</sup> Sunday after Pentecost** – November 4<sup>th</sup>, 2018 A.D.

**THE VIBRANT PARISH - A PLACE TO ENCOUNTER THE LIVING CHRIST: Through the Word, the Holy Mysteries & Prayer, Serving One's Neighbour, Leadership, Fostering & Serving Unity and Missionary Spirit** – Pastoral Letter of His Beatitude Sviatoslav Shevchuk

“All the challenging circumstances of our life on earth – these are for us an invitation to active love, which is an expression of living faith!” – Pastoral Letter of His Beatitude Sviatoslav Shevchuk

“The Vibrant Parish”

“Всі ці прикрі явища нашого земного життя – це для нас запрошення до чинної любові, яка є виявом живої віри.”

– Пастирський Лист Блаженнішого Святослава Шевчука “Жива Парафія”

**Christian Greetings: Glory to Jesus Christ! – Glory to Him Forever! Slava Isusu Chrystu! – Slava na Viky! Слава Ісусу Христу! – Слава на Віку! Christ is among us! – He is and will be!**

### Liturgical and Sacramental celebrations during week:

Tue., Nov. 6<sup>th</sup> – 9:30 a.m. Divine Liturgy:

Wed., Oct. 7<sup>th</sup> – 9:30 a.m. Divine Liturgy:  
– 7:00 p.m. Vespers

Thurs., Nov. 8<sup>th</sup> (**Saint Michael the Archangel and all the Heavenly Powers**) – 9:30 a.m. Divine Liturgy: Angel's protection for all our parishioners, relatives and friends

Fri., Nov. 9<sup>th</sup> – 9:30 a.m. Divine Liturgy:

Saturday, Nov. 10<sup>th</sup> – 3:40 p.m. Lectio Divina / Bible

Studies: (**Studies and Service in Penticton, BC**)

– 4:00 p.m. The Divine Liturgy: **God's blessings for all parishioners**

Sunday, Nov. 11<sup>th</sup>, – 8:30 a.m. Rosary: (in English language)

– 9:00 a.m. The Divine Liturgy: **God's blessings for all parishioners.** (in English and Ukrainian languages)

### **Pastoral and Sacramental Ministry:**

**Baptisms:** by appointment.

**Funerals and Memorials:** by appointment.

**Marriages:** six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made. **Holy Unction** (Anointing of the Sick): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing (by appointment, any time) **Reconciliation:** on Sundays and Holy Days: before Liturgies and other days, by appointment. **Holy Communion:** for the sick, by appointment, any time

\* **Please, contact Fr. Pavlo if you want to have the Divine Liturgies celebrated in your special (such as: In thanksgiving for favours received, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc.) intentions.**



## Liturgical Propers in English language:



**Tone 7**, text from book “*The Divine Liturgy of Saint John Chrysostom*”; pages 103 - 105

**Epistle:** A reading from the Letter of Saint Paul to the Ephesians: (Eph. 2: 14-22)

Brothers and Sisters, it is Christ who is our peace, and who made the two of us one by breaking down the barrier of hostility that kept us apart. In his own flesh he abolished the law with its commands and precepts, to create in himself one new man from us who had been two and to make peace, reconciling both of us to God in one body through his cross, which put that enmity to death. He came and “announced the good news of peace to you who were far off, and to those who were near”; through him we both have access in one Spirit to the Father.



This means that you are strangers and aliens no longer. No, you are fellow citizens of the saints and members of the household of God. You form a building which rises on the foundation of the apostles and prophets, with Christ Jesus himself as the capstone. Through him the whole structure is fitted together and takes shape as a holy temple in the Lord; in him you are being built into this temple, to become a dwelling place for God in the Spirit.

**Gospel:** (Luke 8: 41-56)

At that time, a man named Jairus, who was chief of the synagogue, came up and fell at Jesus’ feet, begging that he come to his home. Because of his only daughter, a girl of about twelve, was dying. As Jesus went, the crowds almost crushed him. A woman with hemorrhage of twelve years’ duration, incurable at any doctor’s hands, came up behind him and touched the tassel on his cloak. Immediately her bleeding stopped. Jesus asked, “Who touched me?” Everyone disclaimed doing it, while Peter said, “Lord, the crowds are milling and pressing around you!” Jesus insisted, “Someone touched me; I know that power has gone forth from me.” When the woman saw that her act had not gone unnoticed, came forward trembling. Falling at his feet, she related before the whole assemblage why she had touched him and how she had been instantly cured. Jesus said to her, “Daughter, it is your faith that has cured you. Now go in peace.”

He was still speaking when a man came from the ruler’s house with the announcement, “Your daughter is dead; do not bother the Teacher further.” Jesus heard this, and his response was: “Fear is useless; what is needed is trust and her life will be spared.” Once he had arrived at the house, he permitted no one to enter with him except Peter, John, James, and the child’s parents. While everyone wept and lamented her, he said, “Stop crying for she is not dead but asleep.” They laughed at him, being certain she was dead.” He took her by the hand and spoke these words: “Get up, child.” The breath of life returned to her and she got up immediately; whereupon he told them to give her something to eat. Her parents were astounded, but he ordered them not to tell anyone what had happened

**Our Eparch, Bishop Ken** is requesting that at the conclusion of every Divine Liturgy we say an additional prayer for Peace in Ukraine until the end of the war. **For peace in Ukraine, let us pray: Our Father ... Hail Mary ... Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.**



**VIBRANT PARISH PRAYER:** O Lord Jesus Christ, our Good Shepherd, as you once gathered lost sheep that they might hear Your voice and be your flock, so also today graciously look down from heaven upon our parish community, and send down on it your Holy Spirit, that it might be a place to receive the joy of Your Good News. Strengthen us with your presence, and always gather us together in prayer. Grant us the spirit of serving others, so that in our parish all might encounter You, the merciful God. Bless our spiritual leaders with Your wisdom, and inspire us to generously give of our time, talents and treasure for the building up of Your Kingdom. Unite us in peace and harmony, as befits Your community of love. Instill in us a missionary spirit, and let our parish community shine with the light of the Gospel, with prayer and good works, inviting all to

share in the divine life, so that Your Name, O Saviour, may be praised, together with Your eternal Father, and Your most-holy, good and life-giving Spirit. Amen.

❖ **Basic Guidelines for Reception of Holy Communion:** You are a member of the Catholic Church (faithful of the Orthodox churches are very welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the

Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace. *If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.*



### Літургійні частини Українською мовою:

Глас 7, текст з книги "Божественна Літургія Святого Івана Золотоустого"; **стт. 102-104**

**Апостол:** *До Ефесян послання Святого Апостола Павла читання: (Еф. 2, 14-22)*

Браття і Сестри, Христос – наш мир, він, що зробив із двох одне, зруйнувавши стіну, яка була перегородою, тобто ворожнечу, – своїм тілом скасував закон заповідей у своїх рішеннях, на те, щоб із двох зробити в собі одну нову людину, вчинивши мир між нами, і щоб примирити їх обох в однім тілі з Богом через хрест, убивши ворожнечу в ньому. Він прийшов звітувати мир вам, що були далеко, і мир тим, що були близько; бо через нього, одні й другі, маємо доступ до Отця в однім Дусі. Отже ж ви більше не чужинці і не приходні, а співгромадяни святих і домашні Божі, побудовані на підвалині апостолів і пророків, де наріжним каменем – сам Ісус Христос. На ньому вся будівля, міцно споєна, росте святим храмом у Господі; на ньому ви теж будете разом на житло Бога в Дусі.



**Євангеліє:** (Лк. 8,41-56)

У той час один чоловік приступив до Ісуса, Яір на ім'я, який був головою синагоги. Припавши до ніг Ісуса, він почав його просити зайти до нього в хату, бо була в нього дочка одиначка, яких дванадцять років, і вона вмирала. І як він ішов туди, люди тиснулися до нього. Аж тут жінка якась, що була хвора дванадцять років на кровотечу й витратила на лікарів увесь свій прожиток, і ніхто з них не міг її оздоровити, підійшовши ззаду, доторкнулась краю його одежі й умить стала здоровою – спинилась її кровотеча. Ісус спитав: "Хто доторкнувся мене?" А що всі відпекувались, Петро мовив: "Наставниче, то люди коло тебе юрмляться і тиснуться." Ісус же сказав: "Хтось доторкнувся до мене, бо я чув, як сила вийшла з мене." Побачивши жінка, що не втаїлася, тремтячи підійшла й упавши йому до ніг, призналася перед усіма людьми, чому до нього доторкнулась і як негайно одужала. Сказав їй Ісус: "Дочко, віра твоя спасла тебе, йди в мирі!"

Він говорив ще, як приходить хтось від голови синагоги і каже: "Твоя дочка померла, не турбуй більш Учителя." Ісус почувши це, озвався до нього: "Не бійся, тільки віруй, і вона спасеться." Прийшовши до хати, він не пустив нікого з собою всередину, крім Петра, Йоана та Якова з батьком та матір'ю дитини. Всі плакали за нею і голосили. Він же мовив: "Не плачте, вона не вмерла, вона тільки спить." І ті сміялися з нього, бо знали, що вмерла. А він узяв її за руку й голосно промовив: "Дівчино, пробудися!" І дух її повернувся до неї, і вона миттю встала. Тоді він звелів дати їй їсти. Батьки ж її були здивовані вельми, та він наказав їм нікому не говорити, що сталося.



**Молитва Живої Парафії:** Господи Ісусе Христе, Пастирю Добрий, як колись Ти пригорнув заблуканих овець, щоб вони пізнали Твій голос і були Твоїм стадом, так і сьогодні глянь ласкаво з небесних висот на нашу парафію та зішли на неї Твого Святого Духа, щоб вона була місцем пізнання радості Доброї Новини. Скріплюй нас Твоєю присутністю та єдай нас кожночасно в молитві. Даруй нам духа служіння ближньому, щоб у нашій парафії кожний міг зустріти Тебе, милостивого Бога. Благослови наш духовний провід Твоєю мудрістю і дай, щоб ніхто з нас не шкодував ні часу, ні талантів, ні матеріальних дібр для розбудови Твого царства. Єдай нас у мирі та злагоді, щоб ми були Твоєю спільнотою любові. Всели в нас місійного духа, щоб ми стали тим світилом євангельського слова, молитви і добрих діл, що кличе кожного до участі в Божественному житті, щоб славилось, Спасе, Твоє Ім'я з безначальним Твоїм Отцем та пресвятим, благим і животворящим Твоїм Духом нині, і повсякчас, і на віки віків. Амінь.



>>>>>>>>>> **THANK YOU VERY MUCH!** **ЩИРО ВАМ ДЯКУЄМО!** <<<<<<<<<<<

**Gratitudes to all our parishioners, guests, visitors and all people of the good will** who by their kindness share time, volunteer and organize coffee and socials, make donations, knowingly and unknowingly for the other people thoughtfully care and help our parish community, welcomed guests and visitors, volunteered sharing time and care helping at the coffee-socials, cleaning and organizing, and with other parish projects and programs:

**Sincerest thanks to:**

- ✚ Mr. Alex Pankiw, Mr. Jesse Pankiw, Mr. Neil Lalach, Mr. Harvey Lalach, Mr. Nicholas Pisio, Mr. Roman Federov and all other people who wished their name not to be mentioned for spending many hours and helping with church kitchen floor and walls renovations over these past two weeks!
- ✚ Mrs. Elizabeth Hnylycia, Mr. Neil Lalach for their help filing and organizing parish documents and files!
- ✚ Everyone looking after and graciously supporting our Christian, Catholic Church community! May the Almighty God bless and abundantly reward your time, care and generosity! "Remember, O Lord, those who bear fruit doing good works in Your holy churches and remembering the poor. Send down Your mercy upon all of us!"

*(A Prayer from the Divine Liturgy of Saint John Chrysostom)*

**Every parishioner is personally responsible before God for our spiritual home-parish-church!**

**CONGRATULATIONS!!!** May the Almighty God bless in good health and salvation in many, happy and blessed years of life to Gideon Kriel on his 1<sup>st</sup> birthday (Nov. 2<sup>nd</sup>), Mr. George Achtymichuk on his birthday (Nov. 7<sup>th</sup>), Mr. Lawrence Syrnyk on his birthday (Nov. 9<sup>th</sup>), Mr. Bill and Mrs. Anne Boitson on their wedding anniversary (Nov. 9<sup>th</sup>), and to all those who celebrate their birthdays, heavenly patron's /saint's name-days, wedding anniversaries and any other special anniversaries this week – Mnohaya i Blahaya Lita!



**TODAY'S GOSPEL REFLECTION:**

***Jairus was a man of great faith, and he comes to Jesus knowing and believing that Saviour personally could do something for his dying daughter. Notice, this man does not say, "Come and try to heal my daughter." Rather he said, "My little daughter is at the point of death. Come and lay Your hands on her, that she will be made well and live" (Mark 5:23). These words speak powerfully of Jairus' faith. He knows without a doubt, that anything he asks of Jesus will happen.***

***At times we are tempted to believe and behave as if the healing miracles of Christ have somehow passed away. We forget that Jesus is the Messiah, who came to "heal the brokenhearted, to proclaim liberty to the captives and recovery of sight to the blind" gave his Church the Mystery of Anointing of the sick.***

***The ministry of Christ mentioned in today's Gospel is still active through the priests if only we ask for it. Saint Apostle Paul identified healing as a gift of the Holy Spirit. Thus, the New Testament foundation was established for the healing ministry to be part of the sacramental life of the Church, "Is anyone among you sick? Let him call the elders of the church, the the pray over him, anointing with oil in the name of the Lord" (James 5:14).***

***With Jesus no person is hopeless, no situation is impossible. The problem is that most of us give up too easily and all too quickly, especially when we are put to the test. Christ teaching is not just a theoretical idea – it is real, specific, practical way of life!***

***We should believe and pray, neither commanding God to heal nor doubting His ability to heal, but pleading for His promised mercy on all who are ill. Let us not forget that God wants us to be well, he cares for our health and well-being. If we are in need of God's healing today let us call upon the presbyters of the Church to pray over us and anoint us with oil. Like the woman in today's Gospel let us not be passive in our desire to be well but run to Christ pushing through the crowds to touch our Lord and be healed.***

**NEWS and ANNOUNCEMENTS:**

**WELCOME TO OUR PARISHIONERS, GUESTS AND VISITORS WHO HAVE JOINED US IN THIS DIVINE LITURGY. THANK YOU FOR PRAYING WITH US AT THE CHUCH TODAY! WISHING YOU A BLESSED, RESTFUL WEEKEND AND FRUITFUL, HEALTHY AND SAFE WEEK! EVERYONE IS VERY WELCOME TO COME AND PARTICIPATE IN OUR PARISH COFFE AND FELLOWSHIP AT THE CHURCH HALL TODAY FOLLOWING THE DIVINE LITURGY TODAY!**

❖ We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.

❖ **CATECHISM ANNOUNCEMENT:** *"And they were bringing to Him also the infants, in order that He may be touching them; but after the disciples saw it, they rebuked them. But Jesus called them to Himself and said, Let alone the little children to come to Me, and cease hindering them; for of such is the kingdom of God." (Matthew 19:14)* We are happy to welcome all children to our Dormition of the Mother of God parish catechism program. We want your children to learn more about their orthodox faith in the Catholic Church, sacred scripture, feast days, icons, singing and religious practices and customs of the Ukrainian Catholic Church. If you have any questions, please, do not hesitate to contact Mrs. Marilyn Daulat or Rev. Fr. Pavlo Myts.

❖ **REMEMBER TO PRAY FOR:** yourselves, Most Reverend Bishop-Emeritus Severian Yakymyshyn, Rev. Fr. Edward Ewanko., Lucy D., Janet F., Alex R., Volodymyr P., Ivan L., Ray Saranchuk, Cameron V., Rose Ostopowich, Keyton A., Ric B., Rocio A., Kit C., Shirley C., Peter Dranchuk, Sandra Sh., Patricia U., Olga Kuzyk, Anthony and Victoria Huziak, George and Mary Dashkewytsch, Olga Romanyshyn, Myron Stec, Kay Ilnitski, Kalyna Kociuba, William Shuya, Bronie Huska, Peter Huska, Stanley and Roma Nowakowski (Bishop Ken's parents), Barbara and Vincent Pasternak, Dorothy Scott, Lorraine Turcotte, Dr. Nadia Popil, the Hillman Family, all members of our parish and those who are not able to join actively in our community, your families, relatives, friends; governments and armed forces, especially the shut-in or those in the hospitals, traveling, working or studying, nursing and senior homes, those seeking God's answer to their prayers or those rejoicing with God's answer; those celebrating birthdays and anniversaries; those called to their eternal reward and for the family they leave behind; widows and widowers, orphans, homeless and all people who have asked us pray for them. Please, also in your kindness keep praying daily for vocations to the priesthood and religious life. Remember to ask for special blessings to all Christian families! **REMINDER** for families of individuals, who are admitted to hospital - If you or a family member is admitted to hospital and you wish to have a priest visit, please be sure to have someone call our parish rectory office to make this request. Your pastor may have no other way of knowing that you are in hospital, as privacy legislation.

**SPIRIT OF CHRISTIAN AWARENESS: Dear parishioners, if our brother / sister in Christ, who usually sits next to you, is not in the Church today, please phone him / her and ask how he / she is doing. Let him /her know that our parish community misses him / her very much!**

❖ **If you need a Bible, please, call or email your pastor.**

❖ **CHRISTMAS PERFORMANCE.** All adults, English and Ukrainian speaking parishioners wishing to participate at our parish Christmas theatrical performance please contact Mrs. Olena Federov or Dob. Marichka Myts.

❖ **Musical Keyboard, TV and Bluetooth Speaker are needed for our Church Youth Ministry Programs. If parishioners, your relatives or friends can donate those new or even used but working electronic items, it will be truly appreciated!**

❖ **Saint Josaphat Ukrainian Catholic Church praznyk/feast day in Vernon, BC.** Please mark your calendars for Sunday, **November 11<sup>th</sup>, 2018** to celebrate Saint Josaphat's Praznyk. **Divine Liturgy at 11:30 AM** followed by banquet. Tickets: \$20.00 - adults; \$10.00 - children 6-12 years of age; children 5 years & under - free.

❖ **Please, share to Kelowna Food Bank.** A special box is located at the entrance to the church.

❖ **JOIN OUR CHOIR:** Do you enjoy singing? Please consider joining our Dormition Parish Choir and remember that we are looking for new members! Contact Mrs. Lesia Achtymichuk for more information and details.



❖ **2018 Grey Cup Game annual social gathering-party** – will take place on Sunday, Nov. 25<sup>th</sup>. As in previous years, we are organizing this parish social event and pot-luck dinner. There will be a sign-up list to let us know what kind of dish you are bringing. We will be gathering around 3:00 p.m.

❖ **Volunteers help is needed to make perogies starting at 8 a.m. on Saturday of Nov. 10<sup>th</sup>, 2018.** It is a good time to help our parish fundraisers and socialize together. More helpers come – easier and faster the work is done! Please, come to help!



❖ **Christmas Food Sale** – will take place on **Saturday, December 8<sup>th</sup> from 10:00 a.m. to 1:00 p.m.** For more information, please contact Mrs. Alice Pelechaty at 250-763-4870.

❖ **A SPECIAL REQUEST:** After each Divine Liturgy and every church service, please, keep silence in the House of the Lord as some of the faithful are still praying at the church. As well, please, do not forget close all Liturgy and/or hymnbooks and return them to their proper place. Also, please do not leave any church bulletins or any other material in the pews. Let each of us do our part to be true stewards of our parish church by helping to keep the church building clean and neat. Thank you very much!

❖ **BOX FOR USED CHURCH BULLETINS** – since our Sunday bulletins contain Sacred Scripture readings & icons, they need to be disposed of properly/respectfully after use. Please do not throw them into the garbage but recycle them after shredding if possible. In order to assist with this request, we have provided a special box for used bulletins at the church entrance.



❖ **BE A STEWARD:** Have you ever wondered what more can you do to help our parish-church? Here are some suggestions: Steward of property security; Steward of grounds cleaning; Steward of cleaning church; Steward of church linen; Steward of outreach; Steward of caring; Steward of prayer; Steward of service. Quite often, our homebound or senior members, once active in their younger years, want to find purpose in their senior years. It's not only about doing but about "BEING" present to others! **Please, feel very welcome to participate in our church choir singing, reading of the Epistles and others inspiring Bible texts, holding the candles during the Gospels readings, processions, welcoming, parish cleaning, projects, etc.** **VOLUNTEERS NEEDED:** to help out with weekly cleaning in the church and organizing of coffee social after the Divine Liturgy on Sundays, work-bees, etc. If you can help out, please, let us know. Please, Contact Mr. Neil Lalach or Fr. Pavlo for more information. You will be amazed how "BEING" can make a difference at our spiritual, parish life!

❖ **PILGRIMAGE TO FRANCE AND UKRAINE:** Sept. 4 - 22, 2019, an unforgettable experience with Sr. Angelica SSMI, brother & sister pilgrims. For details and price call Mrs. Myrna Arychuk at [604 - 617 - 7200](tel:604-617-7200)

❖ **Volunteers for Sunday coffee socials and clean-ups are needed** – please continue putting your name on the calendar posted in the church hall. If you can help out, please, let us know. Your help is truly appreciated!

❖ **Glasses Prescription Box for Ukraine** is placed and located at the left side by the entrance to the parish hall. Please, feel free to participate in and support this important project.



**Rachel's Corner:** *"God is our refuge and our strength, an ever-present help in distress. Thus, we do not fear, though earth be shaken and mountains quake to the depths of the sea, though its waters rage and foam and mountains totter at its surging. God is our refuge and our strength."*

- Psalm 46:2-4

Have you felt like your world, as you knew it, fell apart the day you had an abortion? Do you wish you could find a mental and spiritual refuge in a safe place where you are understood? God is inviting you to a Rachel's Vineyard™ Retreat where you can find those things in His merciful embrace. Give Him a chance to show you what it is like to rest in Him.

**Healing after Abortion Ministry 250-762-2273** [info@rachelsvineyardkelowna.com](mailto:info@rachelsvineyardkelowna.com) or information and registration visit: [www.rachelsvineyardkelowna.com](http://www.rachelsvineyardkelowna.com), Facebook: **Rachel's Vineyard Kelowna** **Rachel's Vineyard Retreat: Please contact us at [info@rachelsvineyardkelowna.com](mailto:info@rachelsvineyardkelowna.com), 250-762-2273. Strict confidence is assured.**

❖ **FAITHFUL GIVING** ... Please, remember that we never take a day off or a vacation from God, or from our obligation to attend Divine Liturgy on Sundays and Holy Days. **When traveling, working, participating in different sport's tournaments, activities or studying, please, make sure you check out the service schedule for the area churches at our eparchial website: [www.nweparchy.ca](http://www.nweparchy.ca) and attend the Divine Liturgy.** Remember as

well, that while parishioners may be away and on vacation, the parish-church is not. Expenses continue as they do throughout the year. Please, remain consistent in your gifts to parish. Your weekly Sunday offering is important to our financial well-being. If you are away, we appreciate it when you forward your “make-up” donations. The financial stability of the parish counts on regular Sunday contributions. Please, continue to be supportive and generous! **“Remember, O Lord, those who bear fruit doing good works in Your holy churches and remembering the poor. Send down Your mercy upon all of us!”** (*Divine Liturgy of Saint John Chrysostom*)

❖ **Home Blessing and Pastoral Annual Visitations** sign up list to arrange the actual date is available at the entrance to the church and at the church hall. Please assist Fr. Pavlo in planning these visits by letting him know your most convenient time and day.

*Your Special Spiritual Reading:*

### **8 Things Catholics Should Do Every Day**

1. **Start the day with prayer, your Bible, and a talk with your Mother** – It sounds so simple, yet I don’t understand why some days I can’t seem to “fit” in prayer. **Our days need to be centered around this habit.** Make a date of it. Set your cell phone alarm to a time when you can pray and don’t leave God stranded. Mornings are best, but if it doesn’t work for you find a time that does. Pull out your Bible and read a line or two. The daily Mass readings are a great place to start. A goal for every Catholic is to say the rosary every day, but some of us are in a season of life when this isn’t possible. If you can’t do a rosary, start with at least a Hail Mary and work up to a decade or a chaplet. *“Prayer is nothing else than union with God. When the heart is pure and united with God it is consoled and filled with sweetness; it is dazzled by a marvelous light.”* – Saint John Vianney

2. **Smile, Use your Manners, Be kind, Give out hugs.** Have you heard the old Hymn, “They will know we are Christians by our love, by our love...”? It’s not necessarily true today. Christians have become just as rude and inconsiderate as everyone else, sometimes even more so! Let’s reclaim our Christian love by smiling, letting others go first in line or helping old ladies cross the street. *“Let us always meet each other with smile, for the smile is the beginning of love.”* – Saint Mother Teresa of Calcutta

3. **Go on Social Media (i.e., communicate!), call a friend, visit a friend.** Yes, I know we have a bunch of posts about how social media is overused, but go ahead, use it! However, **use it in a way that glorifies God.** Share a scripture with a friend. Check in on an old classmate. Daily connect with people to build relationships. (Don’t stop there though; make it a weekly goal to get together in person with a friend or family member.) *“Friendship is the source of the greatest pleasures, and without friends even the most agreeable pursuits become tedious.”* – Saint Thomas Aquinas

4. **Tell someone you love them and why.** I don’t know anyone who has ever gotten tired of hearing they are loved. It’s even better when they are given a list of reasons why! Whether it is your parents, siblings, or your own children, make it a daily habit to tell at least one person in your life how much you love them. *“You learn to speak by speaking, to study by studying, to run by running, to work by working, and just so, you learn to love by loving. All those who think to learn in any other way deceive themselves.”* – Saint Francis de Sales

5. **Talk about God.** Make God a part of your whole day, not just your prayer time. Bring Him into conversations with friends, family, even co-workers if you can. We talk about things we love – movies, restaurants, people... but we often fail to talk about God in the same way. *“But this does not mean that we should postpone the evangelizing mission; rather, each of us should find ways to communicate Jesus wherever we are. All of us are called to offer others an explicit witness to the saving love of the Lord, who despite our imperfections offers us his closeness, his word and his strength, and gives meaning to our lives.”* – Pope Francis

6. **Sacrifice something.** It’s so important that we learn to make daily sacrifices and offer them up to the Lord. It doesn’t have to be anything crazy. Eat bread with no butter. Turn off the radio and drive in silence. It’s the little things that cultivate our holiness and help us to overcome our attachment to things of the world. *“There is no place for selfishness—and no place for fear! Do not be afraid, then, when love makes demands. Do not be afraid when love requires sacrifice.”* – Saint Pope John Paul II

7. **Serve in some way.** Look for a way to serve someone every day. Again, this doesn’t have to be something major like heading to Africa on service trip. It can be doing the dishes for your mom, paying for a stranger’s coffee, or picking up garbage as you walk down the street. **Don’t let a day go by in which you did not do something for**

someone else. “You know that our Lord does not look at the greatness or difficulty of our action, but at the love with which you do it. What, then, have you to fear?” – Saint Therese of the Child Jesus

**8. Reflect on your day.** At the end of every day, take a few minutes to think back over the day. An examination of conscience is a great way to do this. Is there someone you need to forgive? Is there someone you need to seek forgiveness from? Think about the ways in which the Lord provided for you and be thankful for His many blessings.

Thank Him! Ask yourself, did I move closer to or further from God through my actions today? How can I do better tomorrow? There is even an app for this created by a priest. Check out the EXAMEN Prayer App here: <http://www.theprodigalfather.org>. “You must strive with all possible care to please God in such a manner as neither to do nor behold anything, without first consulting Him, and in everything to seek Him alone and His glory.”

– Saint Alphonsus Rodriguez

**For your weekly and monthly planning:** **Every Week:** go to Mass on Sunday (and more frequently if you can through the week); go to Adoration; meet with a friend in person and/or go on a date with your spouse; tithe.

**Every Month:** go to Confession; do some type of ministry (help with a youth group, serve in a soup kitchen, etc.); read a spiritual book; meet with a spiritual mentor. **Every Year:** Go on a Retreat.

*These things are just a starting point. What else can and should we be doing to live a life of holiness here on earth?*

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## Michael and the other Heavenly Bodiless Powers, who are they?

*The Synaxis* of the Chief of the Heavenly Hosts, Archangel Michael and the Other Heavenly Bodiless Powers:



Archangels Gabriel, Raphael, Uriel, Selaphiel, Jehudiel, Barachiel, and Jeremiel was established at the beginning of the fourth century at the Council of Laodicea, which met several years before the First Ecumenical Council. The 35<sup>th</sup> Canon of the Council of Laodicea condemned and denounced as heretical the worship of angels as gods and rulers of the world, but affirmed their proper veneration. A Feastday was established in November, the ninth month after March (with which the year began in ancient times) since there are Nine Ranks of Angels. The eighth day of the month was chosen for the Synaxis of all the Bodiless Powers of Heaven since the Day of the Dread Last Judgment is called the Eighth Day by the holy Fathers. After the end of this age (characterized by its seven days of Creation) will come the Eighth Day, and then “the Son of Man shall come in His Glory and all the holy Angels with Him” (Mt. 25:31).

The Angelic Ranks are divided into three Hierarchies: **highest**, **middle**, and **lowest**.

**The Highest Hierarchy includes: the Seraphim, Cherubim and Thrones.**

*The six-winged SERAPHIM (Flaming, Fiery) (Is 6:12)* stand closest of all to the Most Holy Trinity. They blaze with love for God and kindle such love in others.

*The many-eyed CHERUBIM (outpouring of wisdom, enlightenment) (Gen 3:24)* stand before the Lord after the Seraphim. They are radiant with the light of knowledge of God, and knowledge of the mysteries of God. Through them wisdom is poured forth, and people’s minds are enlightened so they may know God and behold His glory.



The *THRONES* (Col 1:16) stand after the Cherubim, mysteriously and incomprehensibly bearing God through the grace given them for their service. They are ministers of God's justice, giving to tribunals, kings, etc. The capacity for righteous judgment.

***The Middle Angelic Hierarchy consists of three Ranks: Dominions, Powers, and Authorities:***

*DOMINIONS* (Col 1:16) hold dominion over the angels subject to them. They instruct the earthly authorities, established by God, to rule wisely, and to govern their lands well. The Dominions teach us to subdue sinful impulses, to subject the flesh to the spirit, to master our will, and to conquer temptation.

*POWERS* (1 Pet 3:22) fulfill the will of God without hesitation. They work great miracles and give the grace of wonderworking and clairvoyance to saints pleasing to God. The Powers assist people in fulfilling obedience. They also encourage them to be patient, and give them spiritual strength and fortitude.

*AUTHORITIES* (1 Pet 3:22, Col 1:16) have authority over the devil. They protect people from demonic temptations, and prevent demons from harming people as they would wish. They also uphold ascetics and guard them, helping people in the struggle with evil thoughts.

***The Lowest Hierarchy includes the three Ranks: Principalities, Archangels, and Angels:***

*PRINCIPALITIES* (Col 1:16) have command over the lower angels, instructing them in the fulfilling of God's commands. They watch over the world and protect lands, nations and peoples. Principalities instruct people to render proper honor to those in authority, as befits their station. They teach those in authority to use their position, not for personal glory and gain, but to honor God, and to spread word of Him, for the benefit of those under them.

*ARCHANGELS* (1 Thess 4:16) are messengers of great and wondrous tidings. They reveal prophecies and the mysteries of the faith. They enlighten people to know and understand the will of God, they spread faith in God among the people, illuminating their minds with the light of the Holy Gospel.

*ANGELS* (1 Pet 3:22) are in the lowest rank of the heavenly hierarchy, and closest to people. They reveal the lesser mysteries of God and His intentions, guiding people to virtuous and holy life. They support those who remain steadfast, and they raise up the fallen. They never abandon us and they are always prepared to help us, if we desire it. All the Ranks of the Heavenly Powers are called angels, although each has its own name and position by virtue of their service. The Lord reveals His will to the highest ranks of the angels, and they in turn inform the others.

***Over all the Nine Ranks, the Lord appointed the Holy Archangel Michael (his name in Hebrew means "who is like unto God"), the faithful servitor of God, as Chief Commander.*** He cast down from Heaven the arrogantly proud Lucifer and the other fallen spirits when they rebelled against God. Michael summoned the ranks of angels and cried out, "Let us attend! Let us stand aright before our Creator and do not consider doing what is displeasing unto God!"

***According to Church Tradition, and in the church services to the Archangel Michael, he participated in many other Old Testament events.***

During the Exodus of the Israelites from Egypt he went before them in the form of a pillar of cloud by day and a pillar of fire by night. Through him the power of the Lord was made manifest, annihilating the Egyptians and Pharaoh who were in pursuit of the Israelites. The Archangel Michael defended Israel in all its misfortunes. He appeared to Joshua Son of Navi and revealed the will of the Lord at the taking of Jericho (*Joshua 5:13-16*).

The power of the great Chief Commander of God was manifest in the annihilation of the 185 thousand soldiers of the Assyrian emperor Sennacherib (*2 Kings 19:35*); also in the smiting of the impious leader Heliodorus (*2 Macc. 3: 24-26*); and in the protection of the Three Holy Youths: Ananias, Azarias and Misail, thrown into the fiery furnace for their refusal to worship an idol (*Dan 3:22-25*).

Through the will of God, the Chief Commander Michael transported the Prophet Habbakuk (*December 2*) from Judea to Babylon, to give food to Daniel in the lions' den (*Dan. 14:33-37*).

The Archangel Michael disputed with the devil over the body of the holy Prophet Moses (*Jude 1:9*). The holy Archangel Michael showed his power when he miraculously saved a young man, cast into the sea by robbers with a stone about his neck on the shores of Mount Athos. This story is found in the Athonite Paterikon, and in the Life of Saint Neophytus of Docheiariou (*November 9*).

***Holy Scripture and Tradition give us the names of the Archangels:***

***Gabriel:*** strength (power) of God, herald and servitor of Divine omnipotence (*Dan 8:16, Luke 1:26*). He announces the mysteries of God. ***Raphael:*** the healing of God, the curer of human infirmities (*Tobit 3:16, 12:15*)

**Uriel:** the fire or light of God, enlightener (3 Ezdras 5:20). We pray for him to enlighten those with darkened minds.

**Selaphiel:** the prayer of God, impelling to prayer (3 Ezdras 5:16). He prays to God for mankind. Jehudiel: the glorifying of God, encouraging exertion for the glory of the Lord and interceding for the reward of efforts.

**Barachiel:** distributor of the blessings of God for good deeds, entreats the mercy of God for people. Jeremiel: the raising up to God (3 Ezdras 4:36)

***On icons the Archangels are depicted in according to the character of their service:***

Michael tramples the devil underfoot, and in his left hand holds a green date-tree branch, and in his right hand a spear with a white banner (or sometimes a fiery sword), on which is outlined a scarlet cross.

Gabriel with a branch from Paradise, presented by him to the Most Holy Virgin, or with a shining lantern in his right hand and with a mirror made of jasper in his left.

Raphael holds a vessel with healing medications in his left hand, and with his right hand leads Tobias, carrying a fish for healing (Tobit 5-8).

Uriel in his raised right hand holds a naked sword at the level of his chest, and in his lowered left hand “a fiery flame.”

Selaphiel in a prayerful posture, gazing downwards, hands folded on the chest.

Jehudiel holds a golden crown in his right hand, in his left, a whip of three red (or black) thongs.

Barachiel is shown with a white rose on his breast.

Jeremiel holds balance-scales in his hand.

***Each person has a guardian angel, and every nation also receives its own guardian angel from God (Dan. 10:13).***

***When a church is consecrated, it also receives a guardian angel (Palladius, Dial. Ch. 10).***

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