

# Sunday of Cheese-fare; Sunday of Forgiveness



## Неділя Сиропусна

**Holy Father Porphyrius, Bishop of Gaza** – he was born in Thessalonica of a rich and noble family, embraced the monastic life in Egypt, then in Palestine. He preached in Jerusalem and was ordained in 392. When John had become Metropolitan of Caesarea of

Palestine, he consecrated Porphyrius Bishop of Gaza. He became a model of a perfect Bishop. He died in the year 420.

**Sunday, February 26<sup>th</sup>, 2017**

### *Daily Liturgical Services*

**Monday, Feb. 27 \*\*\* 9:00 a.m.** Lenten Service (Kelowna)



**Wednesday, March 1 \*\*\* 10:00 a.m.** - *in Vernon* Lenten Service

**Friday, March 3 \*\*\* 3:30 p.m.** Liturgy of the Pre-Sanctified Gifts (Kelowna)

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**Saturday, March 4 \*\*\* 4:00 p.m.** - *Penticton*

**Sunday, March 5 \*\*\* 9:00 a.m.** - *Kelowna*

*11:30 a.m. - Vernon*

**Troparion, Tone 8:** You came down from on high, O Merciful One,\* and accepted three days of burial\* to free us from our sufferings.\* O Lord, our life and our resurrection,\* glory be to You.

+Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

**Kontakion, Tone 6:** O Master, Guide to Wisdom\*, Bestower of prudent counsel,\* Instructor of the foolish and Defender of the poor ones;\* make firm my heart and give it understanding.\* Give me a word, O Word of the Father:\* Behold, I shall not stop my lips from crying out to You:\* In Your mercy, have mercy on me who am fallen.

**Prokeimenon, Tone 8 -** Pray and give praise to the Lord our God.\* Pray and give praise to the Lord our God.

**verse:** In Judea God is known; His name is great in Israel. (Psalm 75:12,2)

**Epistle: Romans 13:11-14:4**

Brothers and Sisters, you know what time it is, how it is now the moment for you to wake from sleep. For salvation is nearer to us now than when we became believers; the night is far gone, the day is near. Let us then lay aside the works of darkness and put on the armour of light; let us live honourably as in the day, not in revelling and drunkenness, not in debauchery and licentiousness, not in quarrelling and jealousy. Instead, put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. Welcome those who are weak in faith, but not for the purpose of quarrelling over opinions. Some believe in eating anything, while the weak eat only vegetables. Those who eat must not despise those who abstain, and those who abstain must not pass judgment on those who eat; for God has welcomed them. Who are you to pass judgment on servants of another? It is before their own lord that they stand or fall. And they will be upheld, for the Lord is able to make them stand.

**Alleluia, Tone 6 -** It is good to give praise to the Lord, and to sing to Your name, O Most High.

**verse:** To announce Your mercy in the morning and Your truth every night.

**Gospel: Matthew 6:14-21**

The Lord said, "If you forgive others their trespasses, your heavenly Father will also forgive you; but if you do not forgive others, neither will your Father forgive your trespasses. And whenever you fast, do not look dismal, like the hypocrites, for they

disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you. Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also”

**Communion Hymn** - Praise the Lord from the heavens;\* praise Him in the highest.\* Alleluia, alleluia,\* alleluia. (Psalm 148:1)



## **ANNOUNCEMENTS:**

“There are virtues of the body and virtues of the soul. Bodily virtues are, for example, fasting, vigils, serving others, manual labor done so as not to burden anyone or to have something to share, and so forth. The virtues of the soul are love, forbearance, meekness, self-mastery, prayer, and so forth. Now if from some necessity or bodily condition such as ill health or the like it happens that we are unable to accomplish the preceding bodily virtues, we are excused by the Lord, who understands the reasons. But if we do not accomplish the virtues of the soul we shall have no defense, for they are not subject to any necessity.” **St. Maximus Confessor**

**A warm welcome** - to all parishioners, your families, visitors and guests. Thank you for joining us in this Divine Liturgy. Have a blessed week!



**Please Pray for health of ...** Ivan L., Steven P., William Sh., Fr. Edward E., Neville D., Myron S., Dianne L., Pat S., Lily-Ann S., Kathleen B., Mary D., Nick L., Pauline P., Ray S., Cameron V., Rose O., Roman D., Bonny H., Ric B., Shirley C., Sofia B., Peter D., Sandra Sh., Patricia U., Yvette U., Peter S., and all other parishioners and family members who need God’s healing at the present time.

Please let Fr. Andrzej know if you would like to add new names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members, as well as if you would like a name removed from the list.

**Многая Літа!** – very special God’s blessings to anyone among our parishioners and their families who celebrated their birthday, name-day, wedding anniversary and any other special



anniversary during **the month of February.**



**Thank you** – everyone for coming yesterday to help with **making perogies** & for all the other voluntary work done on the church premises. May God richly bless you all!

**Children's Catechism Program** – will continue today **Sunday, Feb 26<sup>th</sup>, 2017** after the Divine Liturgy at 9:00 a.m.

### **Congratulations to our new Parish Council at Dormition Parish!**

Chairperson – **Mr. Alex Pankiw**  
Vice-Chairperson – **Mrs. Maria Cacchioni**  
Secretary – **Mrs. Bonny Lalach**  
Financial Secretary – **Mrs. Liz Hnylycia**  
Treasurer – **Mrs. Sarah Kriel**  
Maintance Committee – **Mr. Ihor Lisotskyy**

**Вічная Память! Eternal Memory!** – we express our sincerest sympathy to Mr. Darrin Mathieu who mourns the death of his uncle **Mr. Maurice Mathieu** who died on Thursday, February 16<sup>th</sup>, 2017. May Maurice's soul rest in peace.

**Great Fast (Lent) 2017** – will begin tomorrow, **Monday, February 27<sup>th</sup>**. Please note that both the **First day of Lent** as well as **Good Friday** are the strictest fasting days. That means we refrain from consuming meat, eggs & dairy products on these days.

**Fr. Andrzej's New Liturgical Schedule** – until further notice, there is going to be one bilingual Divine Liturgy on Sundays at 9:00 a.m. Also each weekend Fr. Andrzej will have the Divine Liturgy in Penticton on Saturdays at 4:00 p.m. and in Vernon on Sundays at 11:30 a.m.

**Weekday Liturgical Services During Lent** – traditionally, during Lent, we do not celebrate a regular Divine Liturgy during the weekdays. This is due to the penitential nature of Lent, versus the joyous Easter nature of our regular Divine Liturgy. To accommodate this reality, our Church, many centuries ago, instituted the Divine Liturgy of Pre-Sanctified Gifts - a combination of Vespers (evening Prayers) combined with a Liturgy where the Bread has been "Pre-consecrated" at the previous Sunday's Liturgy.

**Volunteers for Sunday Coffee Clean-ups** – Please continue putting your name on the calendar posted in the church hall. Thank you to everyone who is willing to help out. God bless you.



**Knights of Columbus Monthly Meeting - for St. Pius X Parish Council # 7359** – will take place this coming **Thursday, March 2<sup>nd</sup>**, at Columbus Villa at 7:30 p.m.

**Daylight Saving Time begins - Sunday, March 12, 2017** - when local standard time is about to reach Sunday, March 12, 2017, **2:00 a.m.** clocks are turned **forward** 1 hour to **3:00 a.m.** local daylight time instead.

**Taras Shevchenko** – a special celebration to honour our great Ukrainian poet, Taras Shevchenko will take place on **Sunday, March 19<sup>th</sup>** after the Div. Lit. at 9:00 a.m.

**Parish Council Meeting** – will take place on **Monday, March 20<sup>th</sup>** at 7:00 p.m. in the parish hall.

**All Souls Saturday (Задумні Суботу)** – our prayers for our beloved deceased ones will continue on the second, third, and fourth Saturdays of the Great Fast (**Saturdays March 11, 18 & Friday, March 24<sup>th</sup>.**)

**Food Bank & Shoe Bank Canada Donations** – the food bank and shoe bank need donations year round. On your way to church, bring a non-perishable item from your pantry. If you have shoes you no longer need, please consider donating them also. The food bank box is located in the church entrance and the shoe box is in the hall corridor. Thank you for your generosity.

**English Edition of the Catechism “Christ—Our Pascha”** – The Catechism of the Ukrainian Catholic Church has now been published and is available for purchase. In our parish you can buy a copy for \$25 CAD. There are still a few copies left. Please contact Fr. Andrzej.

**Special Petition** – “We also pray to be blessed with generous hearts to contribute to our Bishop’s initiatives and programs, such as: the support of parishes, the education of parishioners, and the formation of seminarians, Lord hear us and have mercy.”

**Vibrant Parish Appeal** – please continue to support this very important and ongoing project that is happening in our Eparchy.

### **Announcements from St. Joseph’s Elementary School**

- Registration for the 2017/2018 school year has begun. Applications are available on the school website at [www.stjosephkelowna.ca](http://www.stjosephkelowna.ca) or through the office [250-763-3371](tel:250-763-3371).
- Our next school Mass is Wednesday, March 1st at ICC - all are welcome.

Due to the popularity of our first Ready, Set, Learn event we will be holding a second session in March. Please contact the school to register.

**Our websites & email:** [www.dormition.ca](http://www.dormition.ca) or [www.kelowna.nweparchy.ca](http://www.kelowna.nweparchy.ca); [www.nweparchy.ca](http://www.nweparchy.ca) Email: [fr.wasylinko@gmail.com](mailto:fr.wasylinko@gmail.com)

**Dormition Parish Stewardship:** Sunday, Feb. 19<sup>th</sup> - \$672; candles - \$52.70



*It is with great joy the Eparchy of New Westminster invites you to the ordination of Deacon Mykhailo Ozorovych to the priesthood!*

*On Saturday April 8th at 2:00 pm, Deacon Mykhailo will be ordained to the priesthood by Bishop Ken during the celebration of the Divine Liturgy at Holy Eucharist Cathedral in New Westminster.*

*On Palm Sunday April 9<sup>th</sup> at 10:00 am, newly ordained Father Mykhailo will celebrate his first Divine Liturgy at Holy Eucharist Cathedral in New Westminster.*

*The ordination and first Divine Liturgy banquet-reception will be held in the Cathedral hall immediately following the Palm Sunday Divine Liturgy.*

*Tickets for the Reception (on Palm Sunday) are only \$15.00 per person. Free for those under 15 years - but they still must obtain a (free) ticket - important to ensure sufficient food. For tickets, please contact Deacon Mykhailo at: [604 524 8824](tel:6045248824) or [mykhailo.oz@gmail.com](mailto:mykhailo.oz@gmail.com)*

*The deadline to obtain banquet tickets is Sunday 2 April.*

### **Vibrant Parish Prayer**

**O** Lord Jesus Christ, our Good Shepherd, as you once gathered lost sheep that they might hear Your voice and be your flock, so also today graciously look down from heaven upon our parish community, and send down on it your Holy Spirit, that it might be a place to receive the joy of Your Good News. Strengthen us with your presence, and always gather us together in prayer. Grant us the spirit of serving others, so that in our parish all might encounter You, the merciful God. Bless our spiritual leaders with Your wisdom, and inspire us to generously give of our time, talents and treasure for the building up of Your Kingdom. Unite us in peace and harmony, as befits Your community of love. Instill in us a missionary spirit, and let our parish community shine with the light of the Gospel, with prayer and good works, inviting all to share in the divine life, so that Your Name, O Savior, may be praised, together with Your eternal Father, and your most-holy, good and life-giving Spirit. Amen.



## **Negative emotions damage both Church life and familial bonds**

By Deborah Gyapong OTTAWA (CCN)

Toxic emotions can destroy a parish as well as a family, says Henri Lemay, a veteran of the Catholic charismatic renewal in French-speaking Canada.

Those emotions can also cause physical illness or make illnesses worse, he said.

Lemay led a workshop Feb. 10-11 to train people in how to help others become free of bitterness, self-hatred, jealousy, resentment and other toxic emotions.

Sponsored by the Holy Spirit Healing Clinic, an outreach of Ottawa's charismatic Catholic community Lift Jesus Higher, the workshop attracted people from parishes across the diocese.

There are three components that keep people stuck in a toxic emotion, he explained.

"One is the emotion itself; the second is sin; and the third is the possibility an evil spirit is involved."

"If you deal with the sin and the evil spirit, all that's left is the emotion," Lemay said. "The emotion, without the sin and the evil spirit component, is like a deflated balloon."

"When you get rid of the sin and the evil spirit, you can receive the fruit of the Holy Spirit in you," he said.

Lemay zeroed in on the toxic emotion of bitterness.

"Many people have not forgiven others," he said. "They harbor resentment against them. They would like to take revenge."

A spirit of bitterness often has other spirits connected to it that act like armor, protecting it, he said.

"The spirit of bitterness enters us through unforgiveness," he said. "He encourages us to never forgive, neither ourselves nor others."

"If I listen to this spirit and do not forgive, I grant him a place in me," Lemay said.

"I become his place, his house, for him and the spirit of unforgiveness. Once inside, the Principality of bitterness settles in by bringing in each of his demons one at a time. First, he ensures unforgiveness is firmly in place."

Other related spirits are resentment, vengeance, anger and rage, hatred, violence and murder, he said.

Similarly, self-hatred is a principality with many other evil spirits associated with it, including self-pity, attention-seeking, fear, idolatry and perfectionism, he said.

Lemay called the related spirits the "armor" of the principality that protect and conceal it.

“This spirit of self-hatred uses his armor to keep me from discovering who I am,” Lemay said. “He uses these weapons: self-pity, self-rejection, self-hatred, competition, pride or vanity, and false piety.”

Lemay gave practical suggestions on how to prayerfully guide people seeking ministry to identify their toxic emotions; lead them to repentance and to renounce the sin and the spirit in question. Ministry involves welcoming in the Holy Spirit to bless and to heal.

“All of this can be totally removed from a person’s life,” he said. “Once the self-hatred is gone, you don’t have to feel that way about yourself anymore. You’re completely free to love yourself as God loves you.”

Everything the Father gave the Son, He also gives us through His Son Jesus, he explained.

“The Son’s inheritance is ours for the asking,” Lemay said. “To receive it, you have to repent of sin. If you ask Him to free you of sin, He will.”

#### \*\*\*\*\* COMMUNAL RIGHT OF MUTUAL FORGIVENESS \*\*\*\*\*

When the disciples of the Lord asked him to teach them how to pray (Luke 11:1-13), He left us with what we refer to as the Lord’s Prayer, the “Our Father”. In this prayer, we pray as a community or family, we do not say “My Father who art in Heaven...” we pray: “*Our* Father...”

We ask God to forgive us our trespasses as we forgive those who trespass against us. Before beginning our Great Fast (Lenten) Journey together, as a parish family community, it is important for us to express to each other our desire to forgive each other for anything that we may have done that may have hurt or offended someone over the past year, or indeed during our life time so that we can be free without these heavy burdens to walk together as a united family as true daughters and sons of God! This Communal Right of Mutual Forgiveness is not the Mystery/ Sacrament of Reconciliation (Confession) and does not replace that Mystery/Sacrament, but rather is a tangible sign to each other of our forgiveness and also the experience of being forgiven. Hence there is no need to name our offenses, but rather with total sincerity in our hearts let us say to each other: “Forgive me sister/ brother” and answer with sincerity and love, “May God have mercy on you and know that I forgive you.”

**Priest:** Bless me, my Sisters and Brothers, and forgive me, a sinner, whatever offenses I may have committed this day and all the days of my life by word, deed and thought as well as by all my senses (bows to all the faithful).

**Faithful:** May God forgive you, Reverend Father. Bless us also and forgive our



offences voluntary and involuntary (also bow).

**Priest:** May the Lord God by His grace forgive you all your sins and have mercy on you. Let us pray for our Most Holy Universal Pontiff, Francis Pope of Rome, for His Beatitude Patriarch Sviatoslav, for our Most Reverend Metropolitan Lawrence, for our God-loving Bishop Ken and the God-loving Bishop Severian.

**Faithful:** May God save and have mercy.

**Priest:** For the noble benefactors and founders of this holy church, for those who serve and who have served in it.

**Faithful:** May God save and have mercy.

**Priest:** For those who are absent and for those who are travelling.

**Faithful:** May God protect and have mercy.

**Priest:** For our benefactors and those who are kind to us.

**Faithful:** May God reward and have mercy.

**Priest:** For those who hate us and for those who love us.

**Faithful:** May God forgive and have mercy.

**Priest:** For the sick and suffering.

**Faithful:** May God heal and have mercy.

**Priest:** For our departed relatives and faithful of our parish and Eparchy.

**Faithful:** May God grant them remembrance and rest and everlasting be their memory.

**Priest:** Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us.

**Faithful:** Amen.

### ***Lenten Scriptural Readings for this week***

Monday: Genesis 1:1-13; Proverbs 1:1-20 & Isaiah 1:1-20

Tuesday: Genesis 1:14-23; Proverbs 1:20-33 & Isaiah 1:19-2:3

Wednesday: Genesis 1:24-2:3; Proverbs 2:1-22 & Isaiah 2:3-11

Thursday: Genesis 2:4-19; Proverbs 3:1-18 & Isaiah 2:11-21

Friday: Genesis 2:20-3:20; Proverbs 3:19-34 & Isaiah 3:1-14

### Basic Guidelines for Reception of Holy Communion:

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Communion);
  2. You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently;
  3. You attend Divine Services regularly;
  4. Your lifestyle is consistent with the teaching of the Catholic Church;
  5. You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water & medicine does not break the fast).
  6. You have been in church from the beginning of the service, or at least heard the Gospel.
  7. To the best of your ability, you are in the state of Grace.
- If for any of these or other reasons you cannot receive Holy Communion, you are welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.

**\*\*\*\*A Reminder about appropriate reception of Holy Communion - when approaching to receive the Holy Eucharist, the faithful are reminded to open their mouth wide and tilt their head back. Also, please avoid licking the spoon. \*\*\*\***

## SHARE YOUR HEART



### EPARCHY OF NEW WESTMINSTER VIBRANT PARISH APPEAL



*"... We need your urgent and immediate support to guarantee the viability of our Eparchy for future generations of your children and grandchildren. We want to ensure the survival of pastoral services including the celebration of the sacraments in the Ukrainian Catholic tradition, such as Divine Liturgies, Baptism, Marriages, Funerals and the great Feasts, which means so much to us..."*

**+Ken (Eparchial Bishop of New Westminster)**

### WAYS TO GIVE

- **CHEQUE**  
(Please make your cheques payable to the Eparchy of New Westminster)
- **BEQUESTS**  
(You have the ability to leave a legacy that will commemorate your love of God by remembering the Eparchy in your will.)
- **GIFT OF PUBLICLY TRADED STOCK**  
(Please contact the Chancery office for further details on how to make a gift of stock)

**FOR WHERE YOUR TREASURE IS  
THERE WILL YOUR HEART BE ALSO**

**CONTACT INFORMATION:** 502 - 5<sup>th</sup> AVENUE, NEW WESTMINSTER, BC CANADA, V3L 1S2  
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