



1<sup>st</sup> Sunday of the Great  
Fast; Sunday of Orthodoxy

**1-а Неділя Посту;  
Неділя православія.**

*The Repose of Our Venerable Father Constantine the Philosopher, in the Monastic Life, Cyril, Teacher of the Slavs (869); and our Venerable Father Auxentius (457-74); and the Venerable Maron the Wonderworker and Hermit.*

**Sunday, February 7<sup>th</sup>, 2016**

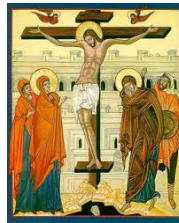
***Daily Liturgical Services***

**Monday, Feb. 15 \*\*\*** 10:00 a.m. Special  
Prayer Service with Marian Icon

**Wednesday, February 17 \*\*\*** 3:30 p.m.  
Liturgy of the Pre-Sanctified Gifts

**Thursday, Feb. 18 \*\*\*** 9:00 a.m. Lenten  
Service

**Saturday, Feb. 20 \*\*\*** 9:00 a.m. Div. Lit.: 2<sup>nd</sup> All Souls  
Prayer Service



***The Liturgy of St. Basil the Great is celebrated today.***

***Troparion, Tone 5:*** Let us the faithful acclaim and worship the Word,\* co-eternal with the Father and the Spirit,\* and born of the Virgin for our salvation.\* For He willed to be lifted up on the cross in the flesh, to suffer death\* and to raise the dead by His glorious resurrection.

***Troparion, Tone 2:*** We bow before Your most pure image, O kind Lord,\* and beg pardon for our sins, O Christ our God.\* Of Your own will You consented to ascend the Cross in the flesh to free Your handiwork from enslavement to the enemy.\* In thanksgiving we cry aloud to You:\* by coming to save the world, our Saviour, You filled all things with joy.

***Troparion, Tone 4:*** From your childhood you befriended wisdom,\* O God-inspired Cyril.\* Behold her as a pure virgin all radiant\* you took her as a bride for yourself,\* and as with beads of gold\* she adorned your mind and soul.\* O blessed Cyril,\* like your namesake of Alexandria\* we have found you wise in name and truth.

**+Glory be to the Father and to the Son and to the Holy Spirit.**

***Kontakion, Tone 2:*** With teaching that was sound and divinely inspired\* you enlightened the world as with luminous rays.\* Flashing like lightning and surrounding the world\* you scattered the radiant word of God\* in the west, the north, and the southern lands,\* bringing light to the world with your wonders, O blessed Cyril.

**Now and for ever and ever. Amen.**

***Kontakion, Tone 8:*** The uncircumscribed Word of the Father\* became circumscribed when He took flesh of you, O Mother of God,\* and when He restored the divine image to its ancient glory,\* He suffused it with the beauty of God.\* Therefore, confessing our salvation in deed and word,\* we portray it in images.

***Prokeimenon, Tone 4 -*** Blessed are You, Lord God of our fathers,\* and praised and glorified is Your Name for ever.

***verse:*** For You are righteous in everything You have done to us. (Daniel 3:26,27)

***Prokeimenon, Tone 7 -*** Precious in the sight of the Lord is the death of His venerable ones. (Psalm 115:15)

***Epistle: Hebrews 11:24-26,32-40; 12:1-2***

Brothers and Sisters, by faith Moses, when he was grown up, refused to be called a son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of

God than to enjoy the fleeting pleasures of sin. He considered abuse suffered for the Christ to be greater wealth than the treasures of Egypt, for he was looking ahead to the reward. And what more should I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets— who through faith conquered kingdoms, administered justice, obtained promises, shut the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Others were tortured, refusing to accept release, in order to obtain a better resurrection. Others suffered mocking and flogging, and even chains and imprisonment. They were stoned to death, they were sawn in two, they were killed by the sword; they went about in skins of sheep and goats, destitute, persecuted, tormented— of whom the world was not worthy. They wandered in deserts and mountains, and in caves and holes in the ground. Yet all these, though they were commended for their faith, did not receive what was promised, since God had provided something better so that they would not, apart from us, be made perfect. Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God.

**Alleluia, Tone 4** - Moses and Aaron are among His priests and Samuel among those who call upon His name.

**verse:** They called on the Lord, and He heard them. (Psalm 98:6)

**verse:** Blessed is the man who fears the Lord; he shall delight exceedingly in His commandments.

**verse:** His posterity shall be mighty upon the earth. (Psalm 111:1,2)



**Gospel: John 1:43-51**

At that time, Jesus decided to go to Galilee. He found Philip and said to him, “Follow me.” Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael and said to him, “We have found him about whom Moses in the law and also the prophets wrote, Jesus son of Joseph from Nazareth.” Nathanael said to him, “Can anything good come out of Nazareth?” Philip said to him, “Come and see.” When Jesus saw Nathanael coming toward him, he said of him, “Here is truly an Israelite in whom there is no deceit!” Nathanael asked him, “Where did you get to know me?” Jesus answered, “I saw you under the

fig tree before Philip called you.” Nathanael replied, “Rabbi, you are the Son of God! You are the King of Israel!” Jesus answered, “Do you believe because I told you that I saw you under the fig tree? You will see greater things than these.” And he said to him, “Very truly, I tell you, you will see heaven opened and the angels of God ascending and descending upon the Son of Man.”

### *Hymn to the Mother of God*

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins’ pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

**Communion Hymn:** Praise the Lord from the heavens;\* praise Him in the highest.

**Verses:** Rejoice in the Lord, O you just;\* praise befits the righteous.\* Alleluia, alleluia,\* alleluia. (Psalm 32:1)



## **ANNOUNCEMENTS:**

*“We need to avoid pride. Pride destroys everything. That’s why Jesus told his disciples to be meek and humble with one another. To live His way is the key to being meek and humble.” **Blessed Mother Teresa.***



**Please Pray for health of ...** Ric B., Shirley C., Andriy H., Sandra Sh., Sofia B., Verna H., Mike W., Anne B., Walter G., Patricia U., Sophie S., Rose O., Yvette U., Lily-Ann S., Myron G., Peter D., Peter S., Ann M., and all other parishioners and family members who need God’s healing at the present time.

Please let Fr. Andrzej know if you would like to add new names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.

**Congratulation to our new Parish Council!** Thank for your willingness to share your gifts.

**Thank you** – everyone for coming yesterday to help with **making perogy &** for all the other voluntery work done at the church premises. May God richly bless you all!



**Children's Catechism** – will take place next **Sunday, Feb. 14<sup>th</sup>** after the Divine Liturgy at 9:00 a.m.

**Prayer Service with Special Marian Icon** – tomorrow, **Monday, 15<sup>th</sup>** we will hold our annual prayer service with Knights of Columbus Pilgrimage Icon. It will be also our February special service for the Year of Mercy. There will be opportunity for the Sacrament of Reconciliation before and after the service.



**Blessed Candles** – parishioners are invited to pick up candles which were blessed as part of the feast of the Encounter of our Lord. The blessed candles are traditionally used in times of need.

**Annual Parish General Meeting** – for the Holy Resurrection parish in Penticton will take place next **Saturday, February 20, 2016** after the Divine Liturgy at 4:00 p.m.

**Next Catechetical Video – Sacrament of Reconciliation** – will be presented next Sunday, Feb. 21<sup>st</sup> after the 1<sup>st</sup> Divine Liturgy at 9:00 a.m.

**Bible Study – The Bible Timeline** - will continue tomorrow, Monday, **Feb 15<sup>th</sup>**, at 7:00 p.m. in the parish hall. Please join us.

**Annual Lenten Collection for Ukraine** – will take place next Sunday, Feb 21<sup>st</sup> & on Sunday, Feb. 28<sup>th</sup>. If any needs special inserts with the option of various charities, they are provided at the church narthex.

**Parish Council Meeting** – will take place on **Monday, Feb. 22<sup>nd</sup>** at 7:00 p.m.



**Next Knights of Columbus Round Table meeting** - will take place this coming **Wed., Feb., 17<sup>th</sup>** at 7:00 p.m.

**All Souls Saturday (Задумні Суботу)** – our prayers for our beloved deceased ones will continue on the second, third, and fourth Saturdays of the Great Fast (**Saturdays Feb. 20, 27 & March 5<sup>th</sup>.**)

**Lenten Mission in the Okanagan Deanery** – is scheduled for the weekend of **March 4-6<sup>th</sup>, 2016**. Our guest priest will be **Fr. Bohdan Lukie**, pastor of St. Mary's church in Yorkton, SK.

**Special Display of various Ukrainian items** – has been provided by one of our parishioners in the church entrance. They are on sale with 1/2 of the profit designated for church flowers.

**Merciful Like the Father – Dormition Parish Social Project** – following suggestions from parishioners, our Parish Council voted to designate the 2016 "Coffee" proceeds for the support of St. Joseph's new school building fundraising campaign.

**Weekday Liturgical Services During Lent** – traditionally, during Lent, we do not celebrate a regular Divine Liturgy during the weekdays. This is due to the penitential nature of Lent, versus the joyous Easter nature of our regular Divine Liturgy. To accommodate this reality, our Church, many centuries ago, instituted the Divine Liturgy of Pre-Sanctified Gifts - a combination of Vespers (evening Prayers) combined with a Liturgy where the Bread has been “Pre-consecrated” at the previous Sunday’s Liturgy.

**House Blessing & Pastoral Visits** – will continue this coming week. Please assist Fr. Andrzej in planning these visits by letting him know your most convenient time. Thank you.

**Dormition Parish Stewardship:** Sunday, Feb. 7<sup>th</sup> - \$737.00.

**Special Petition** – *“We also pray to be blessed with generous hearts to contribute to our Bishop’s initiatives and programs, such as: the support of parishes, the education of parishioners, and the formation of seminarians, Lord hear us and have mercy.”*



***Lenten Scriptural Readings for this week***

**Monday:** Genesis 3:21-4:7; Proverbs 3:34-4:22 & Isaiah 4:2-5:7

**Tuesday:** Genesis 4:8-15; Proverbs 5:1-15 & Isaiah 5:7-16

**Wednesday:** Genesis 4:16-26; Proverbs 5:15-6:3 & Isaiah 5:16-25

**Thursday:** Genesis 5:1-24; Proverbs 6:3-20 & Isaiah 6:1-12

**Friday:** Genesis 5:32-6:8; Proverbs 6:20-7:1 & Isaiah 7:1-14

**Laudato Si’ by Pope Francis (continuation) –**

150. Given the interrelationship between living space and human behaviour, those who design buildings, neighbourhoods, public spaces and cities, ought to draw on the various disciplines which help us to understand people’s thought processes, symbolic language and ways of acting. It is not enough to seek the beauty of design. More precious still is the service we offer to another kind of beauty: people’s quality of life, their adaptation to the environment, encounter and mutual assistance. Here too, we see how important it is that urban planning always take into consideration the views of those who will live in these areas.

151. There is also a need to protect those common areas, visual landmarks and urban landscapes which increase our sense of belonging, of rootedness, of “feeling at home” within a city which includes us and brings us together. It is important that the different parts of a city be well integrated and that those who live there have a sense

of the whole, rather than being confined to one neighbourhood and failing to see the larger city as space which they share with others. Interventions which affect the urban or rural landscape should take into account how various elements combine to form a whole which is perceived by its inhabitants as a coherent and meaningful framework for their lives. Others will then no longer be seen as strangers, but as part of a “we” which all of us are working to create. For this same reason, in both urban and rural settings, it is helpful to set aside some places which can be preserved and protected from constant changes brought by human intervention.

152. Lack of housing is a grave problem in many parts of the world, both in rural areas and in large cities, since state budgets usually cover only a small portion of the demand. Not only the poor, but many other members of society as well, find it difficult to own a home. Having a home has much to do with a sense of personal dignity and the growth of families. This is a major issue for human ecology. In some places, where makeshift shanty towns have sprung up, this will mean developing those neighbourhoods rather than razing or displacing them. When the poor live in unsanitary slums or in dangerous tenements, “in cases where it is necessary to relocate them, in order not to heap suffering upon suffering, adequate information needs to be given beforehand, with choices of decent housing offered, and the people directly involved must be part of the process”.[118] At the same time, creativity should be shown in integrating rundown neighbourhoods into a welcoming city: “How beautiful those cities which overcome paralyzing mistrust, integrate those who are different and make this very integration a new factor of development! How attractive are those cities which, even in their architectural design, are full of spaces which connect, relate and favour the recognition of others!”[119]

153. The quality of life in cities has much to do with systems of transport, which are often a source of much suffering for those who use them. Many cars, used by one or more people, circulate in cities, causing traffic congestion, raising the level of pollution, and consuming enormous quantities of non-renewable energy. This makes it necessary to build more roads and parking areas which spoil the urban landscape. Many specialists agree on the need to give priority to public transportation. Yet some measures needed will not prove easily acceptable to society unless substantial improvements are made in the systems themselves, which in many cities force people to put up with undignified conditions due to crowding, inconvenience, infrequent service and lack of safety.

154. Respect for our dignity as human beings often jars with the chaotic realities that people have to endure in city life. Yet this should not make us overlook the abandonment and neglect also experienced by some rural populations which lack access to essential services and where some workers are reduced to conditions of servitude, without rights or even the hope of a more dignified life.



**Basic Guidelines for Reception of Holy Communion:**

1. *You are a member of the Catholic Church (Orthodox faithful are welcome to receive Communion);*
2. *You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently;*
3. *You attend Divine Services regularly;*
4. *Your lifestyle is consistent with the teaching of the Catholic Church;*
5. *You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water & medicine does not break the fast).*
6. *You have been in church from the beginning of the service, or at least heard the Gospel.*
7. *To the best of your ability, you are in the state of Grace.*  
*If for any of these or other reasons you cannot receive Holy Communion, you are welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.*

**\*\*A Reminder about appropriate reception of Holy Communion - when approaching to receive the Holy Eucharist, the faithful are reminded to open their mouth wide and tilt their head back. Also, please avoid licking the spoon. \*\***